Weed Control Identification Photos
(see page 8 for descriptions)

Photo 1. Large crabgrass.

Photo 2a. Green (left) and yellow (right) foxtail heads.

Photo 3a and b. Sandbur developing from bur (left), sandbur head (right).

Photo 2b. Yellow foxtail leaf axil.

Photo 2c. Yellow foxtail plant.

Photo 3c. Sandbur plant.

Photo 4a. Maturing witchgrass plant.

Photo 4b. Witchgrass sheath.
Weed Control Identification Photos  
(Continued)

(see page 8 for descriptions)

Photo 5a and b. Barnyardgrass head (right) and naked leaf axil (left).

Photo 6a. Kochia growing in sunflower.

Photo 6b. Kochia seedling.

Photo 7. Redroot pigweed inflorescence.

Photo 8a. Mature tumble pigweed.

Photo 8b. Juvenile tumble pigweed plant.

Photo 9a. Palmer amaranth, mature plant.

Photo 9b. Juvenile palmer amaranth plant.
Weed Control Identification Photos (Continued)
(see page 8 for descriptions)

Photo 10. Russian thistle seedling.

Photo 11a. Juvenile puncturevine plant.

Photo 11b. Growing puncturevine plant.

Photo 12. Flowering devil’s-claw in sunflower.

Photo 13a. Sunflowers showing Spartan injury, chlorosis and leaf crinkling.

Photo 13b. Sunflowers showing Spartan injury, chlorosis and leaf crinkling.

Photo 13c. Sunflowers showing Spartan injury, chlorosis and leaf crinkling.

Photo 14a. Sunflower showing subtle injury from Beyond.
Photo 14b. Sunflower showing injury from Beyond. Injury may be due to non-Clearfield sunflower.

Photo 15. Severe atrazine drift. Note dead plants on left and lower necrotic leaves on recovering sunflower.


Photo 17. Injury from preemergence dicamba. Note the lack of new bud development and distorted leaves.

Photo 18. Sunflower injured from 2,4-D drift. Note slight twisting of the growing tissues and the chlorotic whorl.

Photo 19. Sunflower injury from Glean (sulfonylurea) residual.

Photo 20. ExpressSun (left), Clearfield (center), and conventional (right) sunflower treated with Express TS 0.5 oz + NIS 1.0% v/v.

Photo 21. ExpressSun (left), Clearfield (center), and conventional (right) sunflower treated with Beyond 4 oz + NIS 0.25% v/v.
Vegetative Stages

True leaf — 4 cm, 1½ inch

Reproductive Stages

Vegetative Stages photos and information provided by North Dakota State University.
# Description of Sunflower Growth Stages

The total time required for development of a sunflower plant and the time between the various stages of development depend on the genetic background of the plant and the growing environment. When determining the growth stage of a sunflower field, the average development of a large number of plants should be considered. This staging method also can be used for individual plants. The same system can be used for classifying either a single head or branched sunflower. In the case of branched sunflower, make determinations using only the main branch or head. In stages R-7 through R-9, use healthy, disease-free heads to determine plant development if possible, because some diseases can cause head discoloration.

<table>
<thead>
<tr>
<th>Stage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>VE</td>
<td>Vegetative Emergence</td>
</tr>
<tr>
<td></td>
<td>Seeding has emerged and the first leaf beyond the cotyledons is less than 4 cm long.</td>
</tr>
<tr>
<td>V (number)</td>
<td></td>
</tr>
<tr>
<td>(i.e.) V-1</td>
<td>These are determined by counting the number of true leaves at least 4 cm in length beginning as V-1, V-2, V-3, V-4, etc. If senescence of the lower leaves has occurred, count leaf scars (excluding those where the cotyledons were attached) to determine the proper stage.</td>
</tr>
<tr>
<td>R-1</td>
<td>Reproductive Stages</td>
</tr>
<tr>
<td></td>
<td>The terminal bud forms a miniature floral head rather than a cluster of leaves. When viewed from directly above, the immature bracts form a many-pointed starlike appearance.</td>
</tr>
<tr>
<td>R-2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The immature bud elongates 0.5 to 2.0 cm above the nearest leaf attached to the stem. Disregard leaves attached directly to the back of the bud.</td>
</tr>
<tr>
<td>R-3</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The immature bud elongates more than 2.0 cm above the nearest leaf.</td>
</tr>
<tr>
<td>R-4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The inflorescence begins to open. When viewed from directly above immature ray flowers are visible.</td>
</tr>
<tr>
<td>R-5 (decimal)</td>
<td></td>
</tr>
<tr>
<td>(i.e.) R-5.1</td>
<td>This stage is the beginning of flowering. The stage can be divided into substages dependent upon the percent of the head area (disk flowers) that has completed or is in flowering. Ex. R-5.3 (30%), R-5.8 (80%) etc.</td>
</tr>
<tr>
<td>R-6</td>
<td>Flowering is complete and the ray flowers are wilting.</td>
</tr>
<tr>
<td>R-7</td>
<td>The back of the head has started to turn a pale yellow color.</td>
</tr>
<tr>
<td>R-8</td>
<td>The back of the head is yellow but the bracts remain green.</td>
</tr>
<tr>
<td>R-9</td>
<td>The bracts become yellow and brown. This stage is regarded as physiological maturity.</td>
</tr>
</tbody>
</table>


## Acknowledgments

Stages of Sunflower Development, North Dakota State University, Cooperative Extension Service.

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Agronomic Practices

Hybrid Selection
Successful High Plains sunflower production reflects desirable yield, oil percentage, seed size, insect and disease resistance, and other hybrid characteristics. Correct hybrid selection is extremely important for top yields. Producers should use current performance tests when selecting a hybrid to plant. Sunflower varieties are tested annually in the High Plains. Nebraska and Wyoming results are published in the Nebraska Seed Guide (Nebraska Cooperative Extension Publication E.C. Annual-101). Colorado results are available from the Variety Testing Program, Department of Soil and Crop Sciences, Colorado State University. Kansas results are published in the Kansas Performance Tests with Sunflower Hybrids and are available from K-State Research and Extension through local county extension offices (see Web site addresses at the end of this section). Commercial seed companies also can provide specific hybrid performance information. Both oil-type and confectionary (also referred to as non-oil type, or confection) sunflowers are produced in the region, each requiring specific crop management and marketing techniques.

When deciding to grow oil-type sunflowers, hybrids producing satisfactory seed yields and oil percentages should be selected. Domestic sunflower processors pay a premium for oil content more than 40 percent, while discounts are assessed for seed lots yielding less than 40 percent oil content.

Test weight is important from a quality standpoint. USDA grade for high-quality oil-type sunflowers require test weights of at least 25 pounds per bushel. Confection-type sunflowers normally have lower test weights than oil-type sunflowers because of larger seed sizes. To achieve satisfactory test weights from both oil and confectionary sunflowers, hybrids should be selected and planted so that they will mature within the frost-free growing season. This is especially important for late-summer plantings. Frost damage to sunflowers that have not matured will lower both test weights and yields.

Pest resistance is becoming more common in current sunflower hybrids. Hybrids with tolerance to rust, some races of downy mildew, and other pests are available. Additionally, strong stalk characteristics reduce lodging and allow easier harvesting. Seed companies will furnish hybrid-specific pest resistance information on request. Insect resistant hybrids are not available.

Semidwarf (short statured) sunflower hybrids are 25 to 40 percent shorter than conventional hybrids. The main advantage of planting semidwarf hybrids is reduced lodging potential and tendency for early maturity.

Hybrid Types
As stated earlier, sunflowers can be classified into two categories: oil type and confectionary (non-oil). Both types have separate and distinct markets, and as a result, cannot be mixed in storage.

Oil-type sunflower hybrids can be divided into three types: linoleic (regular oil type), NuSun (mid-oleic), and high oleic. NuSun oil processed from sunflower oil is used as a low saturated fat cooking oil. Linoleic types were the predominant oil sunflower hybrid produced, but acreage of this type has decreased.

Rather, NuSun is currently the predominant oil-type sunflower planted. NuSun is a healthier oil and contains 20 percent lower saturated fats than traditional linoleic-type oil. NuSun does not have to be hydrogenated, which makes it an excellent frying oil with a long shelf life.

Last, high oleic sunflower hybrids also have been developed. This kind produces a specialty oil very low in saturated fats used in lubricants (both food grade and industrial) and food coatings. It is grown by contract only. Local seed companies can sometimes make contract arrangements.

Confectionary sunflower production is similar to oil-type production, with the exception of two areas: plant population and insect pest control. Confectionary hybrids should be planted slightly thinner than oil seed types and insect threshold levels are lower for confectionary sunflowers. Lower plant populations per acre assist in increasing the amount of large seeds produced. Insect threshold levels are lower for confectionary sunflowers, and insect-free confectionary seeds are necessary to meet market standards. Confectionary seeds brought to processors with high insect damage will be discounted or rejected. Confectionary growers should budget for at least one insecticide application with some fields requiring a second application, both during early bloom. Premiums exist for large-sized, insect-free seed delivered to confectionary processors.

Before choosing a sunflower hybrid type, contact sunflower processors (oil crushing plants, confectionary processors, or birdseed processors), as some types must be grown “identity preserved” only. In addition, pricing contracts exist for specific sunflower types. Credible local seed representatives can assist with marketing opportunities.

Seed
Sunflower seed must be purchased from commercial seed companies every year because varieties are hybrids. Replanting hybrid seed from last year’s crop will result in yield losses. Sunflower seed is sold either by weight (bag) or seeds per bag. Oil-type hybrid seed sizes are #2, #3 and, #4. Size #2 is the largest and size #4 the smallest, with the latter having more seeds per pound and per bag. Size #3 is most commonly used when planting oil-type hybrids.

Confectionary seed sizes are small, medium, large, and extra large. Price is normally set per 1,000 seeds. The medium seed size is most commonly used for planting confectionary types. Regardless of sunflower type, large seed may require slightly more soil moisture for germination. The size of sunflower seed at planting has not been proven to have an affect on either final sunflower yields or the size of seed produced. This is particularly true with respect to confectionary sunflower varieties.
Planting

Good planting procedures provide optimum seedling establishment. Errors at planting time handicap the crop over the course of the growing season and will be reflected at harvest. Manage seedbed preparation, soil conditions, planting date, row width, and plant population as local conditions dictate.

Correct seedbed preparation involves creating an environment that allows seed germination and plant emergence to progress uniformly and rapidly. A moist, firm seedbed free of weeds is desirable. Sunflower seed should be planted into moist soil about 2 inches deep, but never more than 3 inches. Semidwarf hybrids should not be planted more than 1½ inches deep. Seed must be placed into moist soil for rapid germination to occur. In a study by R.F. Meyer, Colorado State University, seed planted 2 inches deep emerged significantly better than seed planted 4 inches deep. Meyer also found small seed sizes emerging better than large size.

Sunflowers have trouble emerging through crusted soil. If soil crusting occurs before emergence, rotary hoe the field. Adjust the travel speed during rotary hoeing so that seedlings are not damaged.

Sunflowers may be planted over a wide range of dates. Highest yields occurred with sunflowers in Kit Carson County, Colo., when planted during the last week in May (Figures 1 and 2). Sunflower yields were lower when planted after the second week in June; however, seed weevil counts were lowest for sunflowers planted later. The agronomic advantages in these studies indicate planting early outweighs the disadvantages of higher insect pest densities, provided fields are monitored for insect pests and treated accordingly. Seed quality (percent oil) also was highest from early planting dates (May 20). As planting dates were delayed, test weight decreased, while harvest moisture increased. In Nebraska studies, sunflowers planted on May 25 resulted in 200 pounds higher seed yield per acre, 2 percent higher oil, 100 pounds per acre more oil, and 2 pounds per bushel higher test weight than sunflowers planted on June 28 (Figure 3). Further, gross income was reduced by $0.77 per acre for each day planting was delayed after May 25.

Early planting dates work well in the region, however, seeding sunflowers in soil cooler than 50 degrees Fahrenheit is not recommended. Planting sunflowers into soil averaging less than 50 degrees Fahrenheit will delay germination and increase the likelihood of seeding diseases, insects, and soil herbicide damage. Planting dates in early May yielded similar to late-May planting dates in Kit Carson County, Colo. Wyoming and northern producers may want to start with early June planting dates to place seeds in warmer soils.

Colorado State University Extension trial results indicate that mid-season hybrids planted during the first week of July will mature with 1,500 degree days (base 50 degrees Fahrenheit). Although later-planted sunflowers yield less than earlier-planted, later plantings are effective under normal summer conditions if they become necessary due to weather or replanting delays. When planting midsummer, choose only early maturing hybrids.

Plant Populations

Row crop equipment available should dictate row spacing used. Both solid seeded and row-planted sunflowers have been produced successfully. Currently, 30-inch row spacing is most
popular and considered standard. However, trials conducted by Colorado State University Extension have found equal sunflower yields with 12-, 15-, and 30-inch row spacings.

Adequate plant population is important for highest possible seed yields. Sunflowers, however, will compensate somewhat for differences in plant populations through adjustments in head size. Higher populations are generally planted for oil-type sunflowers than for confectionary type hybrids.

Plant populations for oilseed hybrids grown under dryland conditions should be between 14,000 and 22,000 final plants per acre, adjusting for yield potential. In lower yield environment potentials, plant populations should be lowered slightly. In Nebraska studies, plant populations of 11,000 resulted in 1.2 ounce larger heads, 300 more seeds per head, 0.0004 ounce larger seed, and 2 pounds per bushel lower test weight than populations of 20,000 plants per acre. Nebraska yields were similar from 11,000 to 20,000 plants per acre, but higher populations may be helpful in weed competition and soil erosion prevention.

Moisture in the soil profile is regarded as the most important criterion for adjusting plant populations within this recommended range. Lower populations are recommended for lower yield potentials (drier soils). Plant populations for irrigated oil-type sunflowers should be between 17,000 and 22,000 final plants per acre. Irrigated oil-type sunflower plant population recommendations in Kansas range from 22,000 to 26,000 plants per acre, with western regions requiring lower populations than eastern regions. Confectionary hybrids should be planted between 12,000 (drier soil conditions) and 18,000 (irrigated) final plants per acre. In central and eastern Kansas, irrigated confectionary population recommendations range from 15,000 to 18,000 plants per acre. Higher populations allow faster preharvest drydown as head size will be smaller, but this also can result in smaller seed size. Thinner confectionary stands tend to produce a higher proportion of large seed.

Before flowering, sunflower heads follow the sun during the day, a phenomenon called nutation. However, at bloom, sunflower heads face east. As sunflower heads fill, they become heavy and may face downward. Planting rows in north-south direction allows sunflower plants to face the next row and not the next plant, resulting in less head contact and thus, less seed shattering during storms.

Avoid planting sunflowers into compacted soils. Although sunflowers have a deep taproot, it will not penetrate tightly compacted soil conditions. Often times, the compaction layer is found at the tillage layer, approximately 4 to 6 inches below the soil surface. If soil compaction is an issue, a ripping operation is needed. When soil conditions are dry, rip as deep as the compacted layer, but not much deeper. Ripping wet soils allows smearing to take place and will not reduce soil compaction. Symptoms of soil compaction are sunflower lodging and L-shaped tap roots.

**Bird Control**

Sunflowers are susceptible to bird damage after seeds are formed. Under certain conditions, birds have been known to consume considerable quantities of seed in the field. Fields that are close to open water and have perch sites (trees or irrigation systems) can expect bird damage.

Following are some suggestions for dealing with birds that feed on the seed of standing sunflowers. These approaches have been used with varying degrees of success. However, some of these cultural practices may work in your situation.

1. Address a bird situation early. Fifty percent of the damage occurs within the first 10 days after petal drop.
2. Select varietal plant types with head types that face down after flowering.
3. Plant early hybrids at early planting dates and harvest early.
4. Avoid planting sunflowers within a quarter mile of marshes or sloughs that consistently harbor large quantities of birds and contain water in later summer.
5. Leave at least a 100-yard buffer strip of a crop not as attractive to birds, such as small grains, adjacent to shelter belts, groves, or other wooded areas.
6. Do not plow or till earlier harvested sunflower fields in the vicinity, since these areas can act as alternative bird seed reservoirs. After harvest leave all stubble standing until the crop is harvested, as birds may be attracted to these areas in search of food.

Additionally, bird deterrent practices can be used. These practices fall into two categories: mechanical frightening and chemical agents. Sunflower protection by mechanical means, particularly on large acreage, is an especially formidable task and one likely to discourage the protector long before harvest. Frightening devices will likely be most effective if employed early in the season before flocks become “entrenched” in a field. Devices also should be more effective if they are employed at a time of day just before early morning or late afternoon feeding periods. Gas-powered propane and acetylene exploders are the most popular tools. Use one exploder per ten acres and plan on moving exploders frequently as birds will become accustomed to them. Other

**Table 1.** *Inches between seeds, assuming 90 percent germination.*

<table>
<thead>
<tr>
<th>Desired Plant Population per Acre</th>
<th>Inches Between Each Seed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>30-inch row spacing</td>
</tr>
<tr>
<td>12,000</td>
<td>15.6</td>
</tr>
<tr>
<td>14,000</td>
<td>13.4</td>
</tr>
<tr>
<td>16,000</td>
<td>11.8</td>
</tr>
<tr>
<td>17,000</td>
<td>11.1</td>
</tr>
<tr>
<td>18,000</td>
<td>10.5</td>
</tr>
<tr>
<td>19,000</td>
<td>9.9</td>
</tr>
<tr>
<td>20,000</td>
<td>9.4</td>
</tr>
<tr>
<td>21,000</td>
<td>9.0</td>
</tr>
<tr>
<td>22,000</td>
<td>8.8</td>
</tr>
</tbody>
</table>
devices include guns with “cracker” loads and recorded amplified sound.

Starlicide™ (an avicide) is currently registered for control of blackbirds in sunflowers. It is a cracked-corn bait, which four out of every 100 particles is treated with the active ingredient, 4-aminopyridine. The bait is applied by broadcasting along access lanes placed in the fields, at the rate of 1 pound per acre. When a blackbird eats one or more treated particles, it flies erratically and emits distress calls. This abnormal behavior often causes the remaining birds in the flock to leave the field. It usually kills the bird that eats the bait. Careful consideration must be given to the timing of initial and repeat baiting. The first baiting should be when the birds first initiate damage, and repeat baiting should occur as necessary, about 5 to 7 days apart. Weeds that hide bait, ground insects (e.g., crickets) that eat bait, and excessive rainfall can contribute toward making the product less effective. Instructions on the label, especially the avoidance of baiting field edges, should be carefully followed to avoid contacting nontarget birds. Contact your local county agent, state department of agriculture, or the National Sunflower Association for current registration status and always read and follow label instructions.

Birdshield™ is another product that may work for blackbird control. It is a biodegradable taste aversion product made from a grape extract and early results look promising for deterring blackbird feeding in sunflowers. Birds are not killed from this product. They stop feeding in treated sunflower fields as a result of unpleasant tastes when feeding.

Some companies now offer a new generation of electronic sound devices using digital technology to produce distress calls of specific birds. They are only effective against bird species whose distress calls are encoded on the microchip. Following are some companies on the Internet that market bird harassment products. The National Sunflower Association has not evaluated any of the products and cannot verify the success of their use.

www.reedjoseph.com
www.wildlifecontrolsupplies.com
www.birddamage.com
www.birdbarrier.com
www.biconet.com

More Web Page Listings
National Sunflower Association
www.sunflowernsa.com

CSU Golden Plains Area
www.colostate.edu/Depts/CoopExt/GPA

Sunflower variety test results
www.extsoilcrop.colostate.edu/CropVar/
www.varietytest.unl.edu
http://kscropests.agron.ksu.edu/
http://uwadmnweb.uwyo.edu/UWPLANT/key.htm

Nutrient Management

Fertile, well-managed soils capable of producing good yields of other crops also can produce good yields of quality sunflowers. Nutrient uptake by sunflowers is influenced by many factors including stage of development, hybrid, and soil fertility. Sunflowers need an adequate supply of nutrients at each developmental stage for optimum growth. High-yielding sunflowers remove considerable amounts of nutrients from the soil. This should be taken into account when developing a nutrient management program. Table 2 summarizes typical nutrient content of sunflowers.

Sunflowers are considered to be efficient in using both nutrients and water from the soil because of a deep, extensive taproot system; however, profitable responses to fertilization can be expected on many High Plains soils.

Fertilizer and lime needs are best assessed by soil testing, field history, and grower experience. Fertilizer rates are suggested for optimum yields, assuming yield potential is not restricted by other factors.

Nitrogen

Nitrogen (N) is the nutrient of greatest accumulation in the aboveground portion of the sunflower crop. Nitrogen recommendations vary with yield expectations associated with soil, climate, soil moisture, cropping sequence, and residual nitrogen in the soil. The results of a 7-year study conducted at the USDA-ARS Central Great Plains Research Station, Akron, Colo., indicated that sunflowers require 6 to 7 pounds of nitrogen for every 100 pounds of production. This has lead to an increase from a previous recommendation of 50 pounds of nitrogen for every 1,000 pounds of potential grain production, to 65 pounds of nitrogen for every 1,000 pounds of expected yield.

Table 2. Nutrient content in a sunflower crop producing 1,000 lbs seed/acre.

<table>
<thead>
<tr>
<th>Element</th>
<th>Nutrient Removal lbs/acre</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Seed</td>
</tr>
<tr>
<td>Nitrogen (N)</td>
<td>30</td>
</tr>
<tr>
<td>Phosphorus (P₂O₅)</td>
<td>12</td>
</tr>
<tr>
<td>Potassium (K₂O)</td>
<td>8</td>
</tr>
<tr>
<td>Sulfur (S)</td>
<td>2</td>
</tr>
<tr>
<td>Magnesium (Mg)</td>
<td>2</td>
</tr>
<tr>
<td>Calcium (Ca)</td>
<td>1.2</td>
</tr>
<tr>
<td>Zinc (Zn)</td>
<td>0.05</td>
</tr>
</tbody>
</table>
Under these conditions, 40 pounds of fertilizer N is recommended.

A soil with 1 percent organic matter and a residual nitrate level of 30 pounds in 2 feet would produce the following N recommendations.

<table>
<thead>
<tr>
<th>Yield Goal</th>
<th>Total Nitrogen Need</th>
<th>1,000 lbs/a</th>
<th>1,500 lbs/a</th>
<th>2,000 lbs/a</th>
<th>2,500 lbs/a</th>
<th>3,000 lbs/a</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 lbs N/a</td>
<td>40 lbs N/a</td>
<td>70 lbs N/a</td>
<td>100 lbs N/a</td>
<td>125 lbs N/a</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The use of excessive nitrogen rates is not advisable. Research in North Dakota, Colorado, and Nebraska indicates that excessive nitrogen can result in decreased oil content and increased lodging. At low yield levels, nitrogen often does not increase yields. At higher yield levels, excess nitrogen can decrease both yield and oil. Research on dryland sunflowers in western Nebraska show nitrogen effects on yield (Figure 4) and on oil content (Figure 5).

If fertilizer is placed in contact with the seed, the starter material should contain no more than 10 pounds of actual nitrogen plus potash per acre. The nitrogen and potash can cause germination damage because of their high salt index when placed with the seed. Much higher amounts can be applied in a 2 by 2 band (2 inches deep and 2 inches away from the seed), or broadcast applied without seedling damage. These fertilizer placement statements hold true regardless of the crop.

Field comparisons of nitrogen sources conducted by K-State researchers indicate little agronomic difference between alternative nitrogen materials, when properly applied. Nitrogen source should be based on applied cost, availability, adaptability to your management system, and dealer services.

Nitrogen application for sunflowers can be made preplant, sidedress, or a combination of these methods with equal results. Applications should be timed so nitrogen is available for rapid plant growth and development.

Fertilizer nitrogen rates should be lowered if legumes are grown in rotation before sunflowers. Table 3 summarizes nitrogen credits for various legumes.

Since sunflowers are efficient in recovery of residual nitrogen, a soil test for available nitrogen in the profile is strongly encouraged. Profile nitrogen samples should be taken to a depth of at least 2 feet. On deep, well-drained soils, sampling may be justified to 4 feet.

Nitrogen recommendations can be calculated by using the following equation:

\[
N_{\text{Rec}} = \left[ \left( \frac{Y \times 0.065 \text{ pounds nitrogen per pound of yield}}{\text{STA}} \right) - \text{PCA} - \text{PYM} - \text{PSNT} - \text{Nmin} \right] \times \text{STA}
\]

- \(Y\) = A realistic yield goal in pounds per acre
- \(STA\) = Soil texture adjustment (1.1 for sandy soils less than 1.0 percent organic matter, 1.0 for other soils)
- \(PCA\) = Previous crop adjustment [use Table 2 for previous legumes, 20 pounds for fallow (if no profile N test) and 0 for all other previous crops]
- \(PYM\) = Previous years manure (50 pounds for last year, 20 pounds for 2 years ago and 0 for no manure history)
- \(PSNT\) = Profile nitrogen soil test results where:
  - **Surface:** ppm nitrogen \(\times 0.3 \times \text{depth, inches} = \text{pounds per acre}\)
  - **Subsoil:** ppm nitrogen \(\times 0.3 \times \text{depth, inches} = \text{pounds per acre}\)
  - Total Profile nitrogen = pounds per acre

**Note:** If profile nitrogen test is not run, use 30 pounds per acre as a default value for PSNT.

- \(N_{\text{min}}\) = Estimate of nitrogen mineralized from soil organic matter. Credit 30 pounds of nitrogen for every 1 percent of soil organic matter in the top 6 inches of soil.

## Example:

Yield Goal = 1,800 pounds per acre
Soil Texture = Silty clay loam
Previous Crop = Wheat
Previous Manure = None

Soil Test Results:
- 0 - 6 inches = 8 ppm nitrogen, 6 - 24 inches = 6 ppm nitrogen;
  - 1 percent soil organic matter

\[
N_{\text{Rec}} = \left( \frac{(1,800 \text{ pounds per acre} \times 0.065 \text{ pounds per pound})}{1.0} \right) - 0 - 0 - 47^* - 30 = 40
\]

*(8 ppm \times 0.3 \times 6 \text{ inches}) + (6 ppm \times 0.3 \times 18 \text{ inches}) = 47

Table 3. *Nitrogen credit for legumes used in crop rotations.*

<table>
<thead>
<tr>
<th>Previous Legume</th>
<th>Nitrogen Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alfalfa &gt; 80% stand</td>
<td>100–140</td>
</tr>
<tr>
<td>60–80% stand</td>
<td>60–100</td>
</tr>
<tr>
<td>&lt; 60% stand</td>
<td>0–60</td>
</tr>
<tr>
<td>Second year after alfalfa</td>
<td>1/2 first year credit</td>
</tr>
<tr>
<td>Red Clover</td>
<td>40–80</td>
</tr>
<tr>
<td>Sweet Clover</td>
<td>80–120</td>
</tr>
<tr>
<td>Soybeans</td>
<td>30–60</td>
</tr>
</tbody>
</table>

**Figure 4.** Nitrogen rate effects on sunflower seed yield.
Phosphorus

Phosphorus (P) application should be based on a soil test. Consistent sunflower response to phosphorus fertilization has generally occurred on soils testing very low or low in available phosphorus where yield potential is not restricted by lack of moisture or other environmental factors. With medium-testing soils, yield responses have been erratic and normally quite small. Phosphorus applications are recommended with medium and low soil tests for potential yield response and to maintain the soil in a highly productive condition. Table 4 shows phosphorus recommendations.

Phosphorus should be applied preplant-broadcast, preplant-knifed, or banded at seeding. Starter applications are most efficient, particularly when small amounts are applied on soils low in available phosphorus. Phosphorus can be placed in direct contact with the seed or to the side or below the seed with no restrictions in economical rates. If placed in contact with the seed, the starter material should contain no more than 10 pounds of actual nitrogen plus potash per acre. The nitrogen and potash can cause germination damage because of their high salt index when placed with the seed.

Preplant applications can be made in the fall or spring and should be thoroughly incorporated because phosphorus does not move much in the soil.

Liquid and solid fertilizers, as well as varying chemical forms of phosphorus (ortho- and poly-phosphates), are available. Research conducted in several states indicates that, in general, all are agronomically equivalent. Selection of a phosphorus source should be made on the basis of cost, availability, and adaptability to the operation.

Table 4. Phosphorus recommendations for sunflower.

<table>
<thead>
<tr>
<th>Yield Goal</th>
<th>Bray-1 P</th>
<th>Olsen P</th>
<th>Mehlich 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>lbs/a</td>
<td>0-5</td>
<td>0-3</td>
<td>0-11</td>
</tr>
<tr>
<td>1,000</td>
<td>30</td>
<td>20</td>
<td>15</td>
</tr>
<tr>
<td>1,500</td>
<td>40</td>
<td>30</td>
<td>20</td>
</tr>
<tr>
<td>2,000</td>
<td>50</td>
<td>40</td>
<td>25</td>
</tr>
<tr>
<td>2,500</td>
<td>60</td>
<td>50</td>
<td>30</td>
</tr>
<tr>
<td>3,000</td>
<td>70</td>
<td>60</td>
<td>35</td>
</tr>
</tbody>
</table>

*For banded P, apply half this amount.

Potassium

Like phosphorus, a soil test is the best guide to potassium (K) need (Table 5). Potassium removal is much greater with silage than with grain production. Potassium deficiencies are not likely unless soil tests levels are low, which normally occur in sandy soils.

Potassium should be applied preplant-broadcast or as a starter. Remember, sunflowers are sensitive to fertilizer salts (nitrogen and potassium). When applying starter applications with the seed, limit application to no more than 10 pounds actual nitrogen plus potash per acre. Preferred fertilizer placement is 2 inches deep and 2 inches away from seed. Broadcast applications should be thoroughly incorporated to place the potassium in the root zone. The most common potassium source is muriate of potash (potassium chloride); however, potassium sulfate, potassium nitrate, potassium-magnesium sulfate, and mixed fertilizers are other sources. Little difference in potassium availability exists among these materials. Selection should be based on cost, availability, and adaptability to the farm operation.

Lodging of sunflowers at maturity has been a problem in some areas resulting in considerable harvest loss. Research has shown that many factors such as weather stress, insect and disease damage, hybrids, date and rate of planting, and nutrient imbalance can cause lodging. Adequate potassium is essential for sturdy stalks and may help reduce lodging on medium- to low-potassium test soils.
Liming

Acid soils are not common in the High Plains, but soil pHs less than 5.5 have been reported in northwest Kansas. Lime recommendations are intended to maintain soils in a productive condition. Sunflowers are not the most responsive crop to lime, but liming of acid soils should not be ignored. Although yearly yield increases may be small, liming is a sound farming practice. Lime is recommended for sunflowers on all soils with a pH of 6.0 or less. If sunflowers are grown in a cropping system that includes legumes, liming to obtain a higher pH (6.2 to 6.5) should be maintained. However, most High Plains soils test quite high in pH and therefore, liming is not common.

Other Elements

Perhaps because of the extensive root system, reports of secondary and micronutrient deficiencies in field-grown sunflowers are rare. In most states in the region for example, sulfur, iron, and/or zinc deficiencies have been reported on other row crops, small grains, and forage crops. However, there have been no reported deficiencies of any of these nutrients in sunflowers. In fact, sunflowers are often suggested as an alternative crop on severely iron deficient soils. Likewise, there should be no problems with boron, copper, or manganese nutrition in sunflowers.

Soil Fertility and Micronutrients

Iron availability decreases with increasing soil pH. However, sunflowers are tolerant of low iron availability. Sunflower production is usually successful in soils that cause deficiencies on sensitive crops such as corn, sorghum, or potatoes. Severe iron deficiency of sunflowers in the seedling stage shows interveinal chlorosis on the youngest leaves with stunted plants.

Zinc-deficient plants are stunted with distorted upper leaves. As the deficiency intensifies, leaves tend to wilt. Zinc deficiencies, or responses to added zinc, are not likely in the region.

When setting yield goals, considerations must include individual management skills, soils, and average weather conditions. Adequate fertilizer nutrients must be provided as required for selected yield goals. The most limiting factor however for yield on dryland sites is often stored soil water and effective summer precipitation. Decisions for choosing yield goals therefore should be based on yield histories and future expectations.

Recent research with micronutrients applied foliarly two times during the season in a 2-year study at USDA-ARS Akron, Colo. did not provide a return on investment that was great enough to pay for the micronutrient application (Vigil et al 2001.). Although in one of the years, a significant increase in seed oil content was measured with micronutrient application. Similar results were found by researchers at Colorado State University where no yield advantages were found by adding micronutrients. In that study neither soil-applied granules or foliar applications provided any yield advantage regardless of soil moisture conditions.

References


Weed Control

Weed management is an important component of successful sunflower production. Sunflowers in the High Plains are grown in rotation with other crops. The weed control benefits associated with crop rotation can be realized only if good weed management was practiced in the preceding crop. Because sunflowers are usually planted at low densities and grow slowly during the first 2 weeks, weeds that emerge and establish during this time can be competitive and reduce sunflower yield. Sunflowers are strong competitors with weeds that emerge 3 or more weeks after sunflower emergence. Therefore, early season weed control is important to minimize yield losses.

Preplant Weed Control

It is essential that sunflower seeds be planted into a seedbed free of growing weeds. Weed control before planting can be accomplished with tillage, herbicides, or a combination of both. If tillage is the predominant method of weed control, implements such as the V-blade, tandem disk, or field cultivator may be used before planting. Soil that is warm and dry on the surface, and moist below, encourages rapid sunflower development and may delay weed seed germination. In double-cropped sunflowers, appropriate weed control must be practiced in the small grain crop. However, sunflowers should not be planted into wheat stubble if Agility SG, Ally, Ally Extra, Amber, Beyond, Clearmax, Finesse, Finess Grass & Broadleaf, Glean, Huskie, Maverick, Olympus, Osprey, Peak, PowerFlex, Rave, or Tordon herbicides were applied in the preceding small grain crop because of the risk of sunflower injury from herbicide carryover. It is important to check the herbicide label as some of the wheat herbicides prohibit planting sunflower in the spring following wheat harvest. Nonselective burndown herbicides must be applied prior to sunflower emergence to avoid severe crop injury.

Weed control for sunflowers can start in the fall before planting using a fall application of Spartan. This fall application may control winter annual broadleaf weeds, which provide similar benefits of a clean field over winter as a fall application of atrazine does prior to corn or sorghum planting. The maximum Spartan 4 F rate for a 12-month period currently on the label is 8 fluid ounces per acre. Valor is labeled for fall or spring application up to 30 days before planting sunflower. See Valor label for the appropriate rate structure.

The use of a nonselective herbicide such as glyphosate (several) or paraquat (Gramoxone Inteon) is an alternative to preplant tillage for weed control. These foliar-applied herbicides can control seedling broadleaf weeds and grasses. Since paraquat is a contact (nontranslocated) herbicide, it may give incomplete control of grass plants that have tillered, or broadleaf plants with well-developed axillary buds. Glyphosate is a systemic (translocated) herbicide that controls a wide spectrum of grass and broadleaf weed species, but is weaker on certain species such as wild buckwheat, kochia, common lambsquarters, and marestail. Spartan Advance, is a prepack mix of glyphosate and sulfentrazone registered for use in sunflower. However, tank mixing glyphosate and sulfentrazone (Spartan) may antagonize glyphosate activity and require that additional glyphosate be added to the tank. Weed species, weed size, and growing conditions need to be considered. In some situations, it may be best to avoid tank mixing the two herbicides.

Applying glyphosate or paraquat before planting uses the “stale seedbed” technique. In contrast to the flush of new weed seedlings that usually follows tillage and rainfall, few weeds germinate following use of preplant burndown herbicides, because there is no tillage to bring a new supply of weed seed into germination position near the soil surface and weed seed lying on the surface is not burried into moist soil. In sunflower crops, where there are few herbicide options, alternative weed control techniques such as stale seedbed are especially important.

Glyphosate prepack or tank mixtures containing 2,4-D or dicamba have a high potential for causing crop injury when applied before sunflower planting and should not be used within 3 months of planting (refer to herbicide label guidelines).

Another alternative to tillage for weed control in double-crop sunflowers is to burn the small grain stubble ahead of sunflower planting. Fire can kill existing weeds, reduce the potential for volunteer wheat problems, and eliminate interference of residues with planting and cultivation equipment. Fire generally will not destroy weed seed in direct contact with the soil surface; however, seed laying within the residue layer, or with heavy residue situations (greater than 50 bushels per acre) sufficient heat may be produced to kill significant amounts of weed seed. The advantages of burning must be compared to the benefits of leaving the wheat stubble standing for control of soil erosion by wind and water. Burning may increase moisture loss from the profile and reduce moisture stored in the profile during the growing season because it leaves the soil surface exposed to wind and sunlight. Burning wheat residue is not a recommended practice on soils susceptible to wind erosion because significant erosion can occur following sunflower harvest when only sunflower residue remains.

Delayed planting of sunflowers is sometimes used to allow weeds and volunteer wheat to germinate. This method can reduce weed populations and minimize problems with weed control strategies discussed above. Delaying planting may reduce sunflower yield potential and seed oil contents, thus, it is important to review the planting date section of this publication before implementing delayed planting strategies.

Weed Control in the Crop

Preplant incorporated herbicides available for weed control are EPTC (Eptam), ethalfluralin (Sonalan),
penthimethalin (Prowl H₂O and others), trifluralin (Treflan and others), S-metolachlor (Dual Magnum), and Spartan. With the exception of Spartan, these herbicides primarily control grassy weeds such as crabgrass, foxtail species, fall panicum, sandbur species, witchgrass, and barnyardgrass (see photos 1, 2, 3, 4, and 5, for pictures of weeds). Additionally, these herbicides usually control some small seeded broadleaf weeds like the pigweed species (see photos 7, 8, 9 for pictures of weeds). Prowl H₂O can provide fair control of velvetleaf. Sonalan and Treflan can provide good kochia and Russian thistle control at the higher use rates (see photos 6 and 10 for photos of weeds).

Spartan will control many broadleaf weeds species including kochia, pigweed species, and Russian thistle (see photos 6, 7, 8, 9, and 10 for pictures of weeds). However, sunflower injury can occur from Spartan (Photo 13), so it is important to follow label guidelines. Soil texture, organic matter, and soil pH affect Spartan activity. Greatest risk of adverse crop response occurs on coarse textured soils with organic matter less than 1.5 percent and soil pH greater than 7.8. Spartan may be applied in the fall or spring up to 3 days after sunflower planting. If applying Spartan more than 3 weeks before planting, use the highest recommended label rate for the specific soil characteristics. Spartan, Prowl H₂O, and Dual Magnum may be surface applied to no-till planted sunflowers without incorporation to provide broad-spectrum weed control.

Weeds that germinate and emerge before rainfall or irrigation is received likely will not be controlled by a preemergence herbicide treatment. Receiving rainfall or irrigation immediately after application of any of these soil-applied herbicides will increase the level of weed control, but also will increase the risk of sunflower injury from preemergence applied Spartan.

Granular Sonalan or Treflan may be incorporated with a sweep plow to provide weed control in a reduced tillage system. This method provides consistent weed control that is not as dependent on rainfall as no-till preemergence herbicide applications at planting and conserves more residue than the traditional preplant incorporated treatments. Research in Colorado, Nebraska, and North Dakota found that Sonalan or Treflan granules applied and incorporated 1 to 2 weeks before planting provided greater than 85 percent control for 7 to 9 weeks after planting.

Clearfield sunflower, a non-GMO crop, was released into the High Plains in 2003. The resistance gene in Clearfield sunflowers was transferred into commercial sunflowers from a wild sunflower found in Eastern Kansas. Clearfield sunflowers may be treated with imazamox (Beyond) at 4 ounces of product per acre to sunflowers in the V-2 to V-8 growth stages. Addition of nonionic surfactant and liquid nitrogen fertilizer additives are required for adequate weed control. If treated with Beyond, conventional sunflower hybrids will be killed and Clearfield (Photo 21) sunflowers often will exhibit subtle chlorosis (Photo 14). Beyond will control spring-emerging susceptible grass species that have fewer than five leaves, including volunteer wheat (non-Clearfield), and broadleaf weeds before they exceed 3 inches. Beyond will control devil’s-claw if treated at the true two-leaf stage or earlier (Photo 12). Populations of ALS-resistant kochia, Russian thistle, and Palmer amaranth are common in the High Plains and likely will not be controlled by Beyond. Stewardship guidelines provided with the grower contract should be studied and followed to reduce the risk of the Clearfield gene escaping into the wild sunflower population and to minimize additional development of ALS-resistant weed species. A survey conducted at Kansas State University suggests that the ALS-resistant gene is already present in wild sunflowers throughout much of Kansas.

To minimize the ALS-gene transfer into the wild population, stewardship guidelines recommend that the Clearfield sunflower system should not be used in fields where wild sunflowers are common.

ExpressSun sunflower, a non-GMO crop, was released into the High Plains in 2007 and 2008. The ALS resistance gene was moved from a wild sunflower into commercial sunflower. ExpressSun sunflower may be treated with Express TS at 0.25 to 0.5 ounces of product per acre. Express TS controls only broadleaf weeds including redroot and tumble pigweed and puncturevine (see photos 7, 8 and 11 for photos of weeds). Weeds should be less than 4 inches tall. Research at Kansas State University suggests that broadleaf weeds such as ALS susceptible palmer amaranth, Russian thistle, kochia, and sunflower (including conventional hybrids) may be controlled if treated when plants are 4 inches or less. Resistant populations of these weed species are common and will not be controlled adequately. Because Express TS does not control grass weeds, it is recommended that a dinitroaniline herbicide (Prowl, Treflan, or Sonalan) be applied before crop emergence or Assure II be tank mixed with Express TS to control the grass weeds.

It is essential to know that the Clearfield gene and the ExpressSun gene are different. Do not treat Clearfield sunflowers with Express TS or ExpressSun sunflowers with Beyond because unacceptable injury and yield reductions may occur (Photos 20 and 21).

Volunteer wheat can be a major problem in double-crop sunflowers, especially where wheat has been shattered by hail or wheat stubble has been disked. Volunteer wheat in later planted sunflower can serve as a green bridge for the wheat curl mites, thus infecting adjacent fall planted wheat with wheat streak mosaic virus. Volunteer wheat and other grassy weeds can be controlled postemergence with sethoxydim (Poast), clethodim (Select), quizalofop (Assure II), or Beyond. These herbicides most effectively control wheat that is less than 4 inches tall and is actively growing. Control of volunteer wheat can be reduced significantly if postemergence herbicides are applied when wheat is drought stressed. In addition to volunteer wheat, these grass herbicides will control many of the spring annual grass weeds. Be sure to apply them with the appropriate adjuvant system as recommended by the herbicide label.
Herbicide options for weed control in sunflowers have improved, especially for control of many broadleaf weed species, but this improved control comes at a cost. To reduce costs and provide broad-spectrum weed control, mechanical weed control in the crop also may be considered. A shallow tillage pass with a spring-tooth, or flexible harrow pulled diagonally to the planting direction can remove newly emerged seedling weeds. Use of a rotary hoe is another option, and such tillage can be used before and just after sunflower emergence. Producers considering the use of these practices should increase planting rates to compensate for stand reductions due to tillage.

Shielded (hooded) sprayers may be used to apply glyphosate or Gramoxone Inteon. Extreme care must be exercised to prevent the nonselective herbicide from coming into contact with the sunflowers. This treatment is most effective on weeds less than 6 inches tall and should not be used as a rescue treatment on large weeds.

Finally, between-row cultivation may be necessary to obtain adequate weed control in sunflowers and should always be available at least as a backup. Heavy-duty cultivators that combine disk hillers in front with single, wide, rear-mounted sweeps are especially useful where row crops are grown in heavy crop residues. The use of cultivator guidance systems can speed up cultivation and reduce operator fatigue. Cultivating sunflowers that have been planted into wheat stubble may reduce the moisture saving benefits associated with wheat stubble on the soil surface.

For specific herbicide and weed control recommendations, refer to the respective herbicide labels or weed management guides provided by your extension service.

**Herbicide Injury**

Sunflowers are susceptible to herbicide residues following application of several herbicides to previous crops. Additionally, sunflowers are susceptible to drift of several herbicides applied to adjacent crops.

- Atrazine drift (Photo 15) on sunflowers results in leaf necrosis. Atrazine is a contact herbicide and can be translocated upward in the plant. Short-term symptoms may appear serious; however, if growing points are not destroyed, sunflowers may recover.
- Glyphosate drift (Photo 16) on sunflowers will appear as chlorotic new growth and in some cases, chlorotic banding on leaf tissue. Sunflowers are very susceptible to glyphosate, and terminal growth will die when exposed to glyphosate.
- Read and follow label instructions regarding the use of growth regulator herbicides ahead of planting sunflowers. Sunflowers injured by soil residues of growth regulator herbicides such as Tordon or dicamba (Photo 17) can appear near normal, however, the terminal bud can be chlorotic and distorted or in some instances can be absent or nearly absent. Carryover injury from Tordon or dicamba at relatively high rates can eliminate sunflower production.
- Sprayer contaminations or drift from applications of dicamba, 2,4-D, or other growth-regulator herbicides will cause epinasty (twisting) of the growing sunflower tissues and chlorosis in the whorl (Photo 18). Sunflowers are susceptible to growth regulator herbicides and yields often can be reduced. Very low rates can cause chlorosis in the whorl without the new growth showing epinasty.
- Sulfonylurea residual can result in sunflowers being severely stunted, with chlorotic leaf tissue, crinkled leaves, and death of the terminal bud in severe cases (Photo 19). Planting Clearfield sunflowers may not overcome the residue from sulfonylurea herbicides.

**Water Requirements**

**Water Use and Yield**

Sunflowers are a drought and heat tolerant crop adapted to a High Plains environment. The amount of water used by sunflowers varies with the amount of water available from the soil and rainfall during the growing season. Reports of water use by sunflowers range from 8 to 38 inches per year. The higher values come from irrigated studies or high-rainfall conditions. (See the Irrigation Management section, pages 12 - 17, for specific irrigation application recommendations.) Sunflowers grown where the soil water profile is full at planting will also use greater amounts of water than where soil water at planting is lower. Approximately 34 inches of water would be required for sunflowers to grow all season with no water stress in the central High Plains. However, the high irrigation applications needed to completely eliminate water stress conditions are generally not applied as they do not always result in maximum yield. Dryland sunflowers are almost always grown under water-deficit conditions in the central High Plains; hence, dryland yields are almost always lower than the maximum attainable.

Sunflower yield generally increases with crop water use, when other factors such as fertility, weeds, insects, and diseases are not limiting to yield. This relationship, generated at Akron, Colo., shows that about 150 pounds per acre of seed are produced for every inch of water use after the first 7 inches (water use is defined as the sum of stored soil water use, growing season precipitation, and irrigation). This yield increase, with increasing water use (150 pounds per acre-inch), is the same as reported in studies conducted in the panhandles of both Nebraska and Texas.

However, it has been found that fully irrigating sunflowers can have a negative influence on seed oil content as compared to proper timing of water application during key
numbers followed by different letters are considered not different from each other. Numbers followed by the same letter are not statistically different, and therefore should be considered not different from one another.

Table 6. Oil Content as affected by irrigation timing.

<table>
<thead>
<tr>
<th>Irrigation</th>
<th>2003 Oil Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Growth Stage</td>
<td>%</td>
</tr>
<tr>
<td>Rainfed</td>
<td>43.9 B</td>
</tr>
<tr>
<td>R-6 – R-7</td>
<td>47.3 A</td>
</tr>
<tr>
<td>R-4 – R-5</td>
<td>47.7 A</td>
</tr>
<tr>
<td>R-1 – R-3</td>
<td>41.3 C</td>
</tr>
<tr>
<td>R-1 – R-5</td>
<td>43.4 BC</td>
</tr>
<tr>
<td>Full Water</td>
<td>42.5 BC</td>
</tr>
</tbody>
</table>

Water-Sensitive Growth Stage

As with many other crops, sunflower yield is most sensitive to water stress (due to low stored soil water or lack of rainfall) just before flowering through seed development. In the central High Plains, these growth stages occur during August and early September. Data collected at Akron, Colo., show that sunflower yield is highly related to rainfall during August and early September. Yield increases by about 158 pounds per acre for every inch of rainfall during this time. Research at other locations has shown that water stress earlier in the growing season, during vegetative development, does not affect sunflower seed yield as much as stress during the reproductive growth stages. When rainfall patterns are normal, growers who can irrigate should be able to successfully employ limited irrigation strategies by delaying their first irrigation until just before flowering. However, during extremely dry periods, limited irrigation amounts may be needed during sunflower vegetative stages.

Soil Water Extraction and Rooting

Sunflowers have an extensive root system, which is capable of using large amounts of available soil water from deep in the soil profile. In a detailed study of sunflower root development and soil water use in Kansas, researchers found 87 to 96 percent of observed roots in the sampled soil profile were above 65 inches, although some roots were found as deep as 106 inches. Other studies in the central and southern High Plains have shown that most of the soil water use by sunflowers comes out of the top 6 feet of soil. Some studies have shown dry growing season conditions can stimulate the production of a deeper root system than what occurs under wetter conditions.

Proso millet extracts about 4 inches from the top 3 feet of soil, whereas sunflowers extract about 5 inches from the top 3 feet and 7½ inches from the 6-foot profile. About 1½ inches more soil water is used by sunflowers out of the lower half of the profile than corn or wheat.

Impact on Yield of Subsequent Rotational Crops

Because of the dry soil profile condition following sunflower production, producers need to consider the effect of sunflowers on subsequent dryland crop yields. Research results from 3 years of a crop-rotation study at Akron, Colo., show reduced average yields in winter wheat and proso millet when these crops followed sunflowers in rotation compared with rotations without sunflowers when rainfall was low. This is a result of the lower soil water content left following sunflower production, which still exists at wheat and millet planting time if no significant soil water recharge occurs. Wheat yields are reduced by about 5 bushels per acre for every inch less of available water at planting. Millet yields are reduced by 6 bushels per acre for every inch less of available water at planting. In dry years, the effect of the lower starting soil water profile following sunflowers is not offset by rain during the growing season. Water stress is greater in the rotations that include sunflowers. In wet years, the effect of sunflowers on subsequent crop yields is not a factor. Sunflowers were found to increase yields of subsequent crops when soil moisture was adequate.

While it is clear that average yields of both wheat and millet are reduced by the presence of sunflowers in rotation during dry seasons, the yield of the total rotation must be considered when making decisions about diversifying and intensifying cropping systems. It has been an observation that in larger sunflower production fields with good standing residue following harvest, and with normal to above normal snowfall, 4 to 6 inches of soil water recharge can occur. This soil water recharge by snow catch in standing sunflower stalks can reduce the influence of sunflowers on subsequent wheat and millet yields from what has been observed in small plot experiments. However, producers should be aware that stored soil water below 3 feet in the soil profile may not be replenished for 3, 4, or 5 years even with a year of fallow following sunflower production when subsequent rainfall is average or below average. Producers must consider all factors, including production costs, market prices, and weed and pest pressures, when making decisions regarding the benefit of including sunflowers in their rotational cropping systems.

References

Irrigation Management

High Plains states such as Colorado, Kansas, Nebraska, and Wyoming do not typically irrigate sunflowers, although confectionary sunflowers are occasionally irrigated to ensure good seed quality and size. In fact, less than one-half percent of the 16 million irrigated acres are planted to irrigated sunflowers (80,000 acres). Interest in irrigated sunflowers may increase, however, as farming costs rise and declining water tables reduce irrigation well capacities. Sunflowers are a deep-rooted crop, but they respond to limited irrigation if properly timed with the peak water-use period of bud formation to petal fall.

Water Use and Crop Yield

Contrary to popular belief, sunflowers use as much or more water than most crops during the growing season. This misconception stems from the fact that sunflowers have a deep and aggressive root system and grow well under dry field conditions when other crops fail. If growers sample soil water at a depth of 5 to 6 feet, they will discover that the sunflower crop removes more water than other crops. Crop water-use studies have shown that during the time of peak use rate, daily water use of sunflowers was as much as corn, soybeans, grain sorghum, or alfalfa. However, total seasonal water amounts to less because of late planting dates and a shorter maturity length. Reports of sunflower water use range from 8 to 38 inches per season. The higher values come from irrigated studies that produce higher yields.

In general, crop yield is directly related to water availability. Sunflowers will use from 16 to 22 inches of water under typical High Plains growing conditions. However, yields of a fully watered crop are often similar to yields using only two-thirds of the required water during favorable seasons. A conservative estimate is that each inch of available water produces about 100 pounds of seed, but yield can vary widely.

Sunflowers are able to use 70 percent of the available soil water from the upper 4 to 6 feet of soil profile by harvest time without adversely affecting the yield. Because the soil profile is very dry after a sunflower crop, a significant amount of water may need to be added to the soil before planting the next crop in rotation. In most years, limited irrigation produces yields similar to full irrigation.

The Central Great Plains Research Station in Akron, Colo. has developed a water use/yield function using both dryland and irrigated sunflower yield. The results indicate that, after the first 7 inches of water use, approximately 150 pounds per acre of seed is produced for every inch of additional water. Dryland sunflower yield at Akron, Colo. ranges from 100 to 2,000 pounds per acre and is very responsive to rainfall during August and early September or just before flowering through the time of seed filling, as shown in Figure 6.

Snow Trapping

Sunflower stalks should be left standing in good condition to allow snow trapping which occurs during storms with strong winds. Tall stalks trap more snow than short stalks.

A study done at Akron, Colo. shows that a population of 14,000 stalks per acre (3.57 stalks per 1,600 square inches), with a 1-inch diameter and 16.7-inch tall stalk, traps 4 inches of soil water based on snow conditions in that area.

Study Results

A summary of sunflower yields and water-use data from a 3-year irrigation study at the Northwest Research-Extension Center in Colby, Kan. is presented in Tables 7 and 8. Irrigation treatments ranged from none (dryland) to irrigation based on evapotranspiration (ET) or crop water-use rates up to 140 percent of actual ET. Sunflower response to irrigation was poor in two of these years. Yields in 1987 were extremely low because of leaf diseases.

Table 9 shows results from a limited irrigation study at Tribune, Kan. In this study, a single in-season irrigation at either the bud or bloom stage produced equal effectiveness.

Kansas State University Research and Extension also conducted studies in the drought years of 2001 and 2002. In 2001, oil-type sunflowers were grown in eastern Sherman County. Seasonal precipitation and irrigation data for 2001 are shown in Table 10. Sunflower yield components are shown in Table 11. Dryland yield was 1,510 pounds per acre, while the irrigated yield produced 2,700 pounds per acre using 8.3 inches of irrigation water applied through a center pivot.

In 2002, research plots were established on the North- west Research and Extension Center at Colby, Kan. The seasonal precipitation and irrigation amounts are shown in Table 12, and Table 13 contains the sunflower yield components. Lodging and predation problems within the plots are also accounted for in the data for more accurate results.

Two irrigation levels and sunflower hybrids were used. The adjusted dryland yields of the two hybrids were 1,259 and 2,010 pounds per acre, while the highest irrigated yield levels for the two hybrids were 2,720 and 2,941 pounds per acre.

In 2000 and 2001, a study at the Northwest Research Extension Center in Colby, Kan. investigated the effect of water deficits on oil-seed sunflowers’ development, seed yield and quality, and water use. The irrigation treatments were conducted on dryland during grain fill (R-6 to R-9), during reproduction development (R-1 to R-5), and throughout the growing season. The results are summarized in Table 14.

Lower yields in 2001 were attributed to insect damage, and yield response to irrigation was less than expected for the same reason. Other study results indicate crop water use is reduced when the soil water content of the wettest soil layer is less than 60 percent of the water-holding capacity, as shown in Figure 7.
The available soil water also affects canopy development, or the R-5 leaf area index (flowering), as compared to soil water content at R-3 (mid-bud). Results are illustrated in Figure 8.

An irrigation timing study for irrigated sunflowers was also conducted at the Central Great Plains Research Station in Akron, Colo. Precipitation for the 2002 and 2004 growing seasons was below normal and hailstorms caused yield reductions, but normal precipitation was recorded in 2003 and above normal in 2005. The timing of irrigation for oil sunflowers influenced both yield and oil content. Both oil and confectionary sunflowers had a positive yield response to irrigation, as shown in Tables 15 and 16.

Beginning irrigation after R-5 or ending irrigation by R-3 significantly reduced grain yields of oil sunflowers. When irrigation was started before R-4, oil percentage was lower than if irrigation was started at the R-4 or R-6 growth stages. Cooler temperatures made the summer of 2004 an exception, however. When irrigation was started before R-4, continued irrigation into the later growth stages did not increase oil content but reduced oil content when compared to dryland. Ending irrigation by the R-3 growth stage decreased oil content as compared to all other irrigation strategies all three years. Irrigating oil sunflowers during the R-4 to R-5 growth stages had gross returns of $20 per acre less than full-water management. However, timing irrigation during the R-4 to R-5 growth stage conserved 6 inches of irrigation water.

Confectionary sunflowers tended to have greater yields and seed size with irrigation during the early reproductive growth stages (before R-5). Table 17 shows that irrigating during the R-1 to R-5 growth stage produced yields and seed size similar to that of full-water management.

When compared to full-water management, irrigating during the mentioned growth stages reduced irrigation demand by 3.6 inches of water, as described in Table 18. Ending irrigation after the R-3 growth stage reduced yield and seed size, as compared to irrigating up to the R-5 growth stage.

An irrigation study was conducted at the Kansas State University Irrigation Experiment Field in Tribune, Kan. from 2001 to 2007. The seed yield and crop water use for three levels of irrigation (5, 10, and 15 inches per year) are shown in Table 19. The irrigation levels were targets with some year to year variation. In wetter years, the full treatment (15 inches) did not receive the full amount. The sunflowers were no-till, planted each year into corn stubble. The crop water use was calculated as sum of irrigation, growing season precipitation, and the change in root zone soil water from planting to harvest. Little yield increase occurred with additional irrigation to 15 inches as compared to the 10-inch irrigation treatment.

**Irrigation Scheduling**

Irrigation scheduling is a determination of when and how much water to apply. The research data presented above indicates sunflowers do well under limited or deficit irrigation practices. Much of the work presented was conducted on high water-holding capacity soils. On sandy soils, irrigation may need to be earlier and more frequent since the amount of water in a sandy soil root zone would be less. The irrigation goal is to hold the available soil water in the upper one-half of the availability range until petal drop.

Soil-water monitoring devices, such as tensiometers or resistance blocks, are possible ways to decide when to irrigate. These devices need to be placed at 1, 3, and possibly 5 feet in two or more representative locations in the field for

**Figure 6. Sunflower Yield Function.**

**Figure 7. Water uptake by sunflowers (relative to maximum observed uptake) in relation to the available soil water in the wettest soil layer (relative to available water capacity).**

**Figure 8. Sunflower leaf area at flowering (R-5) in relation to available soil water at mid-bud (R-3) growth stage.**
accurate results. A soil probe also may be used to monitor soil water. The water-holding capacity of sandy soils is limited (1 inch of water per foot of soil), so adequate soil water maintenance is extremely important for producing reasonable yields. However, irrigation can be scheduled based on crop water-use information using ET-based irrigation scheduling. Reference ET information is available from a number of weather stations located across the High Plains. Reference ET information is modified by crop specific crop coefficients to estimate the daily crop water use. This information can then be used in a checkbook balance type scheduling procedure. This process is easily adapted to software programs. One scheduling program that is suitable for use in the High Plains is KanSched, which can be downloaded from www.ksre.ksu.edu/mil.

Conclusion

When using irrigation, full-season hybrid sunflowers are the typical recommendation, with seeding rates of 17,000 to 22,000 seeds per acre. If water is limited, the seeding rate may be reduced to reduce input costs. Full irrigation of sunflower in western Kansas produces a 40 percent increase in yield; however, sunflower production works well under limited irrigation. During the best seasons with adequate rainfall, non-irrigated yields are comparable to the best long-term average yields with irrigation.

References


<table>
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<tr>
<th>ET Factor</th>
<th>Yield lb/a</th>
<th>Irrigation inches</th>
<th>Yield lb/a</th>
<th>Irrigation inches</th>
<th>Yield lb/a</th>
<th>Irrigation inches</th>
<th>Yield lb/a</th>
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No Irrigation 2,328 0.00 1,165 0.00 2,568 0.00 2,020 0.00


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<th>WUE(^1)</th>
<th>Water use inches</th>
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<th>Water use inches</th>
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<th>Water use inches</th>
<th>WUE</th>
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<td>1986</td>
<td>23.3</td>
<td>103</td>
<td>25.9</td>
<td>53</td>
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<td>137</td>
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<td>1987</td>
<td>21.4</td>
<td>106</td>
<td>23.1</td>
<td>66</td>
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<td>121</td>
<td>22.3</td>
<td>86</td>
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<tr>
<td>1988</td>
<td>18.5</td>
<td>130</td>
<td>21.9</td>
<td>63</td>
<td>23.0</td>
<td>145</td>
<td>20.2</td>
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<td>1989</td>
<td>16.2</td>
<td>151</td>
<td>19.6</td>
<td>69</td>
<td>19.6</td>
<td>157</td>
<td>17.9</td>
<td>110</td>
</tr>
<tr>
<td>1990</td>
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<td>170</td>
<td>15.3</td>
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<td>163</td>
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<td></td>
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</tbody>
</table>

\(^1\) WUE (Water-Use Efficiency) is defined as yield in pounds per acre divided by total water use in inches.
Table 9.  Summary of limited water sunflower study. Tribune Branch Agricultural Experiment Station, 1979-1985.

<table>
<thead>
<tr>
<th></th>
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<td>Preplant only</td>
<td>1,966</td>
<td>1,575</td>
<td>1,400</td>
<td>1,198</td>
<td>2,722</td>
<td>2,540</td>
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<td>2,405</td>
<td>1,839</td>
<td>1,400</td>
<td>2,190</td>
<td>2,698</td>
<td>2,698</td>
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<tr>
<td>PP &amp; Bloom</td>
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<td>1,842</td>
<td>1,617</td>
<td>1,661</td>
<td>2,926</td>
<td>2,727</td>
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<tr>
<td>PP &amp; Bud &amp; Petal Drop</td>
<td>2,667</td>
<td>2,240</td>
<td>1,360</td>
<td>2,831</td>
<td>3,324</td>
<td>2,597</td>
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Yield (lb/a)

Total Water Use (in/a)

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<th></th>
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<td>Preplant only</td>
<td>18.0</td>
<td>11.2</td>
<td>15.8</td>
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<td>18.6</td>
<td>16.3</td>
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<td>PP &amp; Bloom</td>
<td>23.9</td>
<td>16.5</td>
<td>18.2</td>
<td>17.7</td>
<td>18.0</td>
<td>17.3</td>
<td>18.6</td>
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<td>19.2</td>
<td>21.4</td>
<td>16.7</td>
<td>23.4</td>
<td>23.0</td>
<td>22.9</td>
<td>21.1</td>
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</table>

Table 10.  2001 Seasonal precipitation and irrigation for eastern Sherman County, Kan.

<table>
<thead>
<tr>
<th>Month</th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>August</th>
<th>September</th>
<th>October</th>
<th>Total</th>
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<tbody>
<tr>
<td>Rain</td>
<td>3.35</td>
<td>0.5</td>
<td>3.0</td>
<td>1.5</td>
<td>2.0</td>
<td>0.5</td>
<td>10.85</td>
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<tr>
<td>Irrigation</td>
<td>0.6</td>
<td>1.75</td>
<td>4.0</td>
<td>2.0</td>
<td>0</td>
<td>0</td>
<td>8.35</td>
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12.35 received before May 10.

Table 11.  Effect of irrigation on sunflower yield components, Sherman County, Kan., 2001

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<tr>
<th>Treatment</th>
<th>Head diameter</th>
<th>Test Weight</th>
<th>Yield</th>
<th>Oil</th>
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<tr>
<td>Dryland (avg)</td>
<td>3.5 - 5.5</td>
<td>28.85</td>
<td>1,510</td>
<td>51.2</td>
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<tr>
<td>Irrigated (avg)</td>
<td>6.5 - 8.5</td>
<td>31.9</td>
<td>2,780</td>
<td>44.7</td>
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</table>

1 Range in diameter in inches of 10 consecutive heads at a random location in plot.

Table 12.  Seasonal precipitation, irrigation and ET at NWREC, Colby, Kan.1

<table>
<thead>
<tr>
<th>Month</th>
<th>May</th>
<th>June</th>
<th>July</th>
<th>August</th>
<th>September</th>
<th>Total</th>
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<tbody>
<tr>
<td>Rain</td>
<td>1.31</td>
<td>1.26</td>
<td>1.49</td>
<td>4.17</td>
<td>1.6</td>
<td>9.39</td>
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<tr>
<td>Irrigation</td>
<td>0.00</td>
<td>1.50</td>
<td>1.50</td>
<td>6.60</td>
<td>1.10 2</td>
<td>9.6/10.72</td>
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<td>Reference ET</td>
<td>5.48</td>
<td>10.8</td>
<td>10.91</td>
<td>9.00</td>
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<td>41.92</td>
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<td>Corn ET</td>
<td>1.24</td>
<td>6.05</td>
<td>10.26</td>
<td>8.13</td>
<td>2.15</td>
<td>27.83</td>
</tr>
</tbody>
</table>

1 May 12, 2002 to Sept. 24, 2002.
2 Late irrigation treatment only.

Table 13.  Effects of irrigation on sunflower yield components at NWREC, Colby, Kan., 2002.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Head diameter</th>
<th>Yield</th>
<th>Oil</th>
<th>Adjusted yield</th>
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<tr>
<td>Dryland (avg)</td>
<td>3.5 - 5.5</td>
<td>708</td>
<td>46.5</td>
<td>1,259</td>
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<tr>
<td>9.6 inches Irrigation (avg)</td>
<td>3.5 - 5.5</td>
<td>1,719</td>
<td>37.5</td>
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<td>545A</td>
<td>6.5 - 8.5</td>
<td>1,205</td>
<td>45.8</td>
<td>2,143</td>
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<tr>
<td>567DW</td>
<td>8 - 9</td>
<td>2,356</td>
<td>37.3</td>
<td>2,756</td>
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<td>10.7 inches irrigation (avg)</td>
<td>6.5 - 8.5</td>
<td>1,530</td>
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<td>545A</td>
<td>8 - 9</td>
<td>2,515</td>
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1 Range in diameter in inches of 10 consecutive heads at a random location in plot.
2 Yield adjusted to compensate for lodging and predation to better evaluate effect of irrigation. Lodging was 25 percent (545A) or 5 percent (567DW) and predation was 25 percent (545A) and 10 percent (567DW).
### Table 14. Water supplement effects on sunflower yield components. NWREC, Colby, Kan.

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<tr>
<th>Watering Regime</th>
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<th>Seed Weight g/1,000 seed</th>
<th>Seed Yield lbs/a</th>
<th>Oil %</th>
<th>Biomass lbs/a</th>
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<td>Dryland</td>
<td>14,875</td>
<td>1,897</td>
<td>46</td>
<td>2,119</td>
<td>37.7</td>
<td>6,193</td>
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<tr>
<td>R-1 – R-9</td>
<td>15,750</td>
<td>1,799</td>
<td>54</td>
<td>2,602</td>
<td>40.0</td>
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<td>R-6 – R-9</td>
<td>15,250</td>
<td>1,841</td>
<td>53</td>
<td>2,703</td>
<td>40.6</td>
<td>7,247</td>
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<td>R-1 – R-5</td>
<td>14,875</td>
<td>1,784</td>
<td>51</td>
<td>2,541</td>
<td>38.3</td>
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<td>Seasonal V-12 – R-9</td>
<td>14,500</td>
<td>1,945</td>
<td>50</td>
<td>2,348</td>
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<tr>
<td>Dryland</td>
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<td>43</td>
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<td>R-1 – R-9</td>
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<td>1,705</td>
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<td>1,544</td>
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<td>41</td>
<td>1,419</td>
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<td>Seasonal V-12 – R-9</td>
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<td>47</td>
<td>1,722</td>
<td>37.2</td>
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1 Yield is adjusted to 10 percent moisture content.

### Table 15. Grain yield for Confectionary Sunflowers at Akron, Colo.

<table>
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<tr>
<th>Irrigation</th>
<th>Average Grain Yields</th>
<th>2002-2004 Overall Avg</th>
<th>2003-2004 Overall Avg</th>
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<tr>
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<td>2003 lbs/acre</td>
<td>2004 lbs/acre</td>
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<td>299</td>
<td>2,550</td>
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<td>R-6 – R-7</td>
<td>688</td>
<td>2,249</td>
<td>1,778</td>
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<td>R-4 – R-5</td>
<td>883</td>
<td>2,875</td>
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<td>R-1 – R-3</td>
<td>1,137</td>
<td>2,847</td>
<td>1,797</td>
</tr>
<tr>
<td>R-1 – R-5</td>
<td>1,192</td>
<td>3,139</td>
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<tr>
<td>Full Water</td>
<td>1,335</td>
<td>2,617</td>
<td>2,463</td>
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### Table 16. Grain yield for oil sunflowers at Akron, Colo.

<table>
<thead>
<tr>
<th>Irrigation</th>
<th>Average Grain Yields</th>
<th>2002-2005 Overall Avg</th>
<th>2003-2005 Overall Avg</th>
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<tbody>
<tr>
<td>Dryland</td>
<td>468</td>
<td>2,387</td>
<td>967</td>
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<td>R-6 – R-7</td>
<td>771</td>
<td>2,540</td>
<td>1,956</td>
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<td>R-4 – R-5</td>
<td>1,022</td>
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<td>R-1 – R-3</td>
<td>1,327</td>
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</tr>
<tr>
<td>Full Water</td>
<td>1,981</td>
<td>2,728</td>
<td>3,147</td>
</tr>
</tbody>
</table>

### Table 17. Seed size for confectionary sunflower and oil content for oil sunflowers at Akron, Colo.

<table>
<thead>
<tr>
<th>Irrigation</th>
<th>Confectionary Seed Size</th>
<th>Oil Content</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2002</td>
<td>2003</td>
</tr>
<tr>
<td>Dryland</td>
<td>0.37</td>
<td>0.00</td>
</tr>
<tr>
<td>R-6 – R-7</td>
<td>9.51</td>
<td>0.24</td>
</tr>
<tr>
<td>R-4 – R-5</td>
<td>22.85</td>
<td>0.49</td>
</tr>
<tr>
<td>R-1 – R-3</td>
<td>55.0</td>
<td>16.6</td>
</tr>
<tr>
<td>R-1 – R-5</td>
<td>64.18</td>
<td>30.16</td>
</tr>
<tr>
<td>Full Water</td>
<td>72.25</td>
<td>48.50</td>
</tr>
</tbody>
</table>

16
### Table 18. Irrigation amount for irrigation strategies at Akron, Colo.

<table>
<thead>
<tr>
<th>Year</th>
<th>Dryland</th>
<th>R-6 – R-7</th>
<th>R-4 – R-5</th>
<th>R-1 – R-3</th>
<th>R-1 – R-5</th>
<th>Full Water</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002</td>
<td>0</td>
<td>2.6</td>
<td>3.7</td>
<td>4.5</td>
<td>6.4</td>
<td>9.0</td>
</tr>
<tr>
<td>2003</td>
<td>0</td>
<td>1.8</td>
<td>3.0</td>
<td>3.8</td>
<td>5.3</td>
<td>9.3</td>
</tr>
<tr>
<td>2004</td>
<td>3.0 (^1)</td>
<td>7.0 (^1)</td>
<td>6.7 (^1)</td>
<td>6.0 (^1)</td>
<td>9.3 (^1)</td>
<td>13.5 (^1)</td>
</tr>
<tr>
<td>2005</td>
<td>0</td>
<td>2.5</td>
<td>2.6</td>
<td>3.3</td>
<td>5.9</td>
<td>9.4</td>
</tr>
<tr>
<td>Average</td>
<td>0.8</td>
<td>3.5</td>
<td>4</td>
<td>4.4</td>
<td>6.7</td>
<td>10.3</td>
</tr>
</tbody>
</table>

\(^1\) 3-inch preseason irrigation.

### Table 19. Sunflower yields and water use with three levels of irrigation, Tribune, Kan., 2001-2007.

<table>
<thead>
<tr>
<th>Irrigation</th>
<th>2001</th>
<th>2002</th>
<th>2003</th>
<th>2004</th>
<th>2005</th>
<th>2006</th>
<th>2007</th>
<th>Mean</th>
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<tbody>
<tr>
<td>inch</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seed yield, lb/acre</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>1,725</td>
<td>68</td>
<td>1,545</td>
<td>2,532</td>
<td>1,880</td>
<td>2,341</td>
<td>2,616</td>
<td>1,815</td>
</tr>
<tr>
<td>10</td>
<td>1,978</td>
<td>227</td>
<td>2,704</td>
<td>2,607</td>
<td>1,893</td>
<td>3,004</td>
<td>2,298</td>
<td>2,102</td>
</tr>
<tr>
<td>15</td>
<td>1,759</td>
<td>268</td>
<td>2,723</td>
<td>2,775</td>
<td>1,583</td>
<td>3,159</td>
<td>2,484</td>
<td>2,107</td>
</tr>
<tr>
<td>LSD(_{0.05})</td>
<td>738</td>
<td>136</td>
<td>828</td>
<td>566</td>
<td>385</td>
<td>277</td>
<td>489</td>
<td>214</td>
</tr>
<tr>
<td>Crop water use, inch</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>12.84</td>
<td>12.23</td>
<td>19.58</td>
<td>20.59</td>
<td>19.34</td>
<td>15.74</td>
<td>20.97</td>
<td>17.36</td>
</tr>
<tr>
<td>10</td>
<td>15.32</td>
<td>17.32</td>
<td>25.05</td>
<td>22.51</td>
<td>23.35</td>
<td>19.14</td>
<td>22.55</td>
<td>20.69</td>
</tr>
<tr>
<td>15</td>
<td>20.71</td>
<td>18.25</td>
<td>24.93</td>
<td>24.86</td>
<td>25.70</td>
<td>22.97</td>
<td>24.03</td>
<td>23.04</td>
</tr>
</tbody>
</table>

* Severe hail damage in 2002. Some hail damage in 2005.

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### Insect Pest Management

Cultivated sunflowers in the High Plains host a wide variety of insects. Some of these species are beneficial, others are harmless, and some are pests. Those that are pest species are not always present in densities capable of causing economic loss. Insect damage may arise from seedling, leaf, stem, or root feeding, but most serious yield losses are associated with flower and seed feeding.

Wild sunflowers also serve as a host for some insect pests in the High Plains. Their varied flowering dates increase the chance that the presence of one or more pest species will coincide with susceptible development stages of cultivated sunflowers. However, some insects specialize in attacking cultivated sunflower plants, rather than wild ones. Species that attack both types usually survive better and become more abundant on cultivated plants. Furthermore, some pest species attack cultivated sunflowers only in particular regions of their geographic range.

Identifying the pest damaging the crop, or those with potential to have economic impact, is an important first step in pest management. The appropriate pest management strategy cannot be determined without proper identification of the insects present in the field.

Many sunflower insects overwinter in or near residue from the sunflower plants in which they developed. Crop rotation, modified planting dates, control of wild sunflowers, or tillage may reduce the risk of economically important insect infestations. However, deep tillage operations such as plowing to control stem-infesting insects may be incompatible with moisture and soil conservation practices in the High Plains.

Planting date modifications often are recommended for reducing insect pest problems in sunflowers. However, the optimum planting date varies with the pest. Also, late planting dates are associated with reduced yield and oil content. A useful compromise is to select a planting date that minimizes stem weevil problems, because treatment for this insect is separate from other key insects, all of which are treated after heading. Planting after 500 accumulated degree days (using 43 degrees as the base temperature) reduces the risk of stem weevil damage, but it is still early enough to allow for good yield and oil content. However, it may still be necessary to treat at heading to control head moths and seed weevils.

Economically sound management of sunflower insect pests is often dependent on the judicious use of insecticides. Because insecticide registrations frequently change, complete insecticide recommendations are not provided in this publication. Insecticides currently registered for use against sunflower pests can be found in the High Plains Integrated Pest Management Guide for Colorado, Western Nebraska, Montana and Wyoming (www.highplainsipm.org) or in the Kansas publication: Sunflower Insect Management (www.ksre.ksu.edu/library/ENTML2/MF814.PDF).
The use of treated seed can reduce insect damage to seedling plants and improve emergence. During the growing season, insecticide applications need to be carefully timed to coincide with insect activity or a particular plant growth stage.

The need for an insecticide treatment should be determined by scouting a field at least once a week and more often during flowering. Optimal scouting patterns may vary from pest to pest. A general procedure is to cross the field on a diagonal or zigzag pattern, stopping to check for insects a minimum of 10 times. At each stop, examine five to 10 plants for insects and their damage. Use this scouting information and the action thresholds given below to determine if an insecticide treatment is necessary.

The treatment thresholds suggested below were developed when prices averaged $10 to $12 per hundredweight and should be used only as general guidelines that sunflower producers should adjust to fit current conditions. For example, a lower action threshold might be used for situations when higher crop values are expected or for fields with high yield potential. Conversely, higher action thresholds may be used when the crop is expected to be of lower value or for lower yield potential situations such as dryland production.

Recent volatility in commodity prices may have people wondering if they still need to scout for insects. There are several reasons why treating without knowledge of current pest populations is a bad idea. First, repeated insecticide applications can lead to insecticide resistance. Secondly, insecticides significantly impact nontarget insects and beneficial organisms, leading to secondary pest outbreaks. Also, there are potential health hazards to applicators and field workers every time a pesticide application is made. Finally, if the treatment timing is wrong, the application may have little or no impact on the target pest. Worse yet, if the timing is off, sunflowers could suffer severe insect injury even though an insecticide treatment is used. This can especially be true when insecticides are added to fungicide or herbicide applications without regard to proper timing for insect pests. Even though thresholds are much lower given the commodity prices, proper scouting and timing are needed to obtain the optimum benefits from any insecticide applications.

Key Pests of Sunflower

In this chapter, pests are arranged by the plant growth stages they attack regardless of how important they are. Regionally, the sunflower stem weevil, sunflower moth, and red sunflower seed weevil are considered to be key pests. These are the pests most likely to cause significant losses and should be the main focus of pest management planning, scouting, and treatment.

Seed and Seedling Pests

Cutworms

Several cutworms may be encountered throughout the sunflower growing region, but the following are common species.

Darksided cutworm (Photo 22): Euxoa messoria (Harris). This cutworm is grayish-brown with a narrow dark gray stripe on either side just above the spiracles. The mature larvae can be up to 1 1/2 inch (38 millimeters) in length. It overwinters in the egg stage and is an early season pest that has one generation per year. The grayish-brown adult moths are found in late summer and autumn.

Dingy cutworm complex: Feltia spp. Larvae have a dull, dingy-brown body with mottled pigmentation. A broad gray stripe runs along the back with light gray V-shaped patterns on each segment. Partially grown larvae overwinter in the soil. Fully developed larvae are 1 to 1 1/2 inch (25 to 38 millimeters) in length. The forewings of the adult moth are dark brown with bean-shaped markings.

Pale western cutworm: Agrotis orthogonia (Morrison). Larvae are uniformly grayish in color without spots or stripes, but there is a distinct inverted, dark brown “V” on the front of the head. The adults emerge in August and September and are active during September. The females are attracted to loose, newly tilled soil for egg laying. The eggs will overwinter and begin hatching in early spring. Larvae can survive long periods without food and can be present when summer crops emerge. The larvae are quite destructive because they damage plants by cutting them off below the ground.

Sandhill cutworm: Euxoa detersa (Walker). The sandhill cutworm is light-tan, semi-translucent, and has several pale, longitudinal stripes. This cutworm has one generation per year; it hatches in the fall and then overwinters as a partially grown larva. Feeding resumes again in the spring and continues until midsummer. Adults emerge in August and lay their eggs in the field. Soil texture is one of the important physical factors that determine the distribution of this cutworm. Sandhill cutworms will only be found in fields with very sandy soil.

Management: Check fields early in the growing season, and treat if there is one cutworm per square foot or if stand losses are approaching the lower limit for optimum plant populations. Consider sieving the surface of 5 square feet of soil through coarse screening as a way of improving the detection of cutworm larvae. Treatment should be applied when economic levels are detected, unless a majority of larvae are fully grown (1/4 to 1 1/2 inch long) and will stop feeding and pupate. Several pyrethroid insecticides registered for use in sunflowers are effective against these pests.

Wireworm

Many species of wireworm attack sunflowers and other row crops. These insects overwinter mainly in the larval and adult stages in the ground. In the spring, the adults become active. The beetles are hard shelled, brownish, grayish, or nearly black in color and somewhat elongated with the body tapering more or less toward each end. They are referred to as click beetles because when they are placed on their backs, they snap the middle part of the body against the ground and throw themselves several inches in the air. This snapping makes an audible “click.” The larval stage is spent in the soil.
and lasts 2 to 6 years. The larvae are usually hard, yellow to dark brown, smooth, “wirelike” worms, varying from ½ to 1½ inches in length when mature (Photo 23).

False wireworm larvae are similar in appearance and biology to wireworms, but they are slightly lighter in color, somewhat softer, and have longer legs. False wireworm adults are darkling beetles and do not right themselves by clicking. These dark-colored, long-legged beetles are frequently seen scurrying about with their rear end held up in the air.

Management: Wireworms are most damaging to sunflowers when the crop is planted in wheat stubble, because the adults are attracted to grasses to lay their eggs. Generally, false wireworms are concentrated in the highest residue areas of the field and may be more common as no-till increases in popularity. The larvae feed directly on the seed, preventing germination, and on the stem between the seed and the soil line, killing the seedling. Larvae typically follow the drill row, feeding on seeds, or germinated seedlings. There is no effective rescue treatment; therefore, higher risk fields should be treated with an insecticide seed treatment (Cruiser).

Defoliators

Insect Defoliation Damage to Sunflowers

A number of insects cause defoliation damage to sunflowers during the course of the season (e.g., palestriped flea beetle, sunflower beetle, painted lady caterpillar, and grasshoppers). The effect of these insects on sunflower yield varies with the extent of defoliation and the plant growth stage at the time of defoliation.

The percent yield loss resulting from various levels of defoliation are shown in Table 20. These values can be used to estimate treatment thresholds for defoliating insects. Economic losses fall in the range of about 5 to 10 percent yield loss, as these losses would generally equal the cost of an insecticide treatment. For example, 5 percent yield loss of a 1,200 pound yield on oil-seed types would equal 60 pounds and at $0.25 per pound the loss would be $15, the approximate cost of an insecticide treatment. Higher yields or crop value would result in a lower threshold yield loss and lower yields or crop value would result in a higher threshold yield loss.

Since plants are capable of compensatory growth during vegetative stages, defoliation levels from 50 to 70 percent are required to result in about a 5 percent yield loss. Damage during early reproductive stages (R-2 to R-5) has the greatest effect on yield. During this time, defoliation thresholds vary from 15 to 40 percent and before and after these stages, thresholds are not reached until more than 40 percent of the leaf area has been lost.

Painted Lady

*Vanessa cardui* (L.). The painted lady larva also is known as the thistle caterpillar because of its preference for feeding on thistles. This butterfly has a wingspread of 2 inches (51 millimeters). Its upper wing surface is brown with red and orange mottling and white and black spots with a lot of individual color variation possible (Photo 24). The green, barrel-shaped eggs are laid singly on plant leaves. More than one generation per year occurs. Larvae are light brown to black and spiny, with a pale yellow stripe on each side (Photo 25). Adults are present in May and June with larvae appearing shortly thereafter. Larvae skeletonize leaves and produce substantial webbing.

Management: The need to take action is based on yield loss estimates associated with defoliation levels given in Table 20. If the economic defoliation levels are approaching, and larvae are smaller than 1¼ inch in length, treatment would be warranted. Larger larvae will soon stop feeding.

Sunflower Butterfly

*Charidryas nycteis* (Doubleday). The sunflower butterfly, also known as the silvery checkerspot, is similar in appearance and biology to the painted lady, except there is more yellow on the wings and eggs are laid in clusters. When these egg clusters hatch on plants at the four- to six-leaf stage, whole plants may be defoliated. Larvae then disperse and feed on neighboring plants. When plants are larger, typically only single plants are affected. Larvae are similar in appearance to painted lady but are usually darker with a more pronounced yellow band down each side.

Management: Determine defoliation threshold from Table 20, and follow treatment guidelines for painted lady.

<table>
<thead>
<tr>
<th>Plant Stage</th>
<th>10</th>
<th>20</th>
<th>30</th>
<th>40</th>
<th>50</th>
<th>60</th>
<th>70</th>
<th>80</th>
<th>90</th>
<th>100</th>
</tr>
</thead>
<tbody>
<tr>
<td>V-4 to V-5</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>4</td>
<td>5</td>
<td>9</td>
<td>14</td>
<td>21</td>
</tr>
<tr>
<td>V-9 to V-11</td>
<td>0</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>5</td>
<td>7</td>
<td>11</td>
<td>17</td>
<td>24</td>
</tr>
<tr>
<td>R-1</td>
<td>2</td>
<td>4</td>
<td>6</td>
<td>6</td>
<td>7</td>
<td>9</td>
<td>16</td>
<td>24</td>
<td>34</td>
<td>47</td>
</tr>
<tr>
<td>R-3</td>
<td>2</td>
<td>8</td>
<td>15</td>
<td>19</td>
<td>24</td>
<td>32</td>
<td>44</td>
<td>59</td>
<td>78</td>
<td>99</td>
</tr>
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<td>R-5</td>
<td>1</td>
<td>3</td>
<td>7</td>
<td>10</td>
<td>16</td>
<td>25</td>
<td>37</td>
<td>49</td>
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<td>90</td>
</tr>
<tr>
<td>R-7</td>
<td>0</td>
<td>1</td>
<td>3</td>
<td>7</td>
<td>10</td>
<td>13</td>
<td>16</td>
<td>18</td>
<td>20</td>
<td>22</td>
</tr>
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<td>3</td>
<td>5</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
</tbody>
</table>

*Table 20.* Approximate percent yield reduction from defoliation occurring at various sunflower growth stages (table modified from North Dakota State University Extension Bulletin A-1331.)
Sunflower Beetle

*Zygothemis exclamionis* (F.). Adults are about ¼ to ⅜ of an inch (6 to 8 millimeters) long and have a reddish-brown head and cream-colored back. They have three dark, reddish-brown stripes on each wing cover (Photo 26), and the lowest strip is discontinuous, resembling an exclamation point. Larvae are yellowish-green and humpbacked in appearance (Photo 27). The adults overwinter in the soil and become active during June and July, when they mate and deposit eggs on stems and leaves. Larvae may be found soon afterward. Both adults and larvae are defoliators, but larvae are considered to be more economically significant.

**Management:** Adults attack sunflowers early in the season by defoliating seedlings (Photo 28). On seedling plants, an infestation of one adult per plant is considered to be an economic action threshold. The larvae feed later in the season on larger plants. Fifteen larvae per plant, or a threshold based on the yield loss estimates from defoliation levels given in Table 20, would justify an insecticide application.

**The Palestriped Flea Beetle**

*Systena blanda* Melshheimer is common in some areas of the High Plains. The beetles are cream colored with two dull light-brown stripes on each wing cover (Photo 29). When wing covers are closed, the beetle appears to have three light-brown stripes alternating with two cream-colored stripes of about the same width as the darker ones. Flea beetle larvae overwinter in the soil and pupate in the spring. Adult flea beetles emerge and begin to feed on plants in June. The damage is characterized by tiny shot-hole feeding on seedlings (Photo 29). They will remain active for the first half of the summer.

**Management:** Seedling sunflowers are most vulnerable to damage from this pest. Water loss from beetle feeding can rapidly dry stressed seedlings and cause stand loss. Early season treatment decisions should be based on preventing serious plant stress and stand loss. Later, threshold can be determined based on the yield loss estimates from defoliation levels given in Table 20.

**Head Infesting Insects**

**Sunflower Moth**

*Homoeosoma electellum* (Hulst) can cause substantial economic loss to commercial sunflower. The buff to gray colored moths are about ⅜ inch (10 millimeters) long with ⅜ inch (19 millimeters) wingspan (Photo 31). Larvae (Photo 32) have brown head capsules with alternate dark and light lines running longitudinally. Adults migrate from southern regions and are attracted to sunflowers in bloom. The annual northward dispersal is aided by southerly winds, and adults first appear in the region in late June or July. Large numbers of immigrating moths may descend on fields of blooming sunflowers.

Sunflowers in early bloom stages are most attractive, in part, because sunflower pollen stimulates egg laying by female moths. Eggs are laid at the base of florets, and newly emerged larvae feed first on these florets, later burrowing into individual seeds. Larvae mature over 2 to 3 weeks and each larva can destroy three to 12 seeds during its development. However, much greater yield losses are often associated with *Rhizopus* head rot, which invades the heads through tissue damaged by larval feeding. Without adequate control of sunflower moth, head rot can cause a complete loss of yield, particularly in humid or wet conditions.

**Management:** If moth flights do not coincide with early bloom sunflower (stages R-5.1 to R-5.5), damage will be minimal. Planting after June 1 will reduce, but not eliminate, the potential for sunflower moth damage, because moth activity will be decreasing when the sunflowers begin blooming. Most planting date studies indicate that early planted fields (fields that bloom before late July) stand the greatest chance of developing significant infestations. However, when moth populations are high, the risk potential for later fields will be increased.

Pheromone traps that capture male adults can be used to monitor flights of the sunflower moth. When the plants are in the late bud stage (R-3), place two to four traps located 20 to 30 feet or about 10 rows into the field on the south and north borders. Traps should be placed on posts slightly above the canopy height. Both trap types (milk jug or wing) work equally well. Check traps two to three times per week, until plants have nearly finished flowering (R-5.9). If an average of fewer than one moth per night is caught, the risk of a significant infestation is low. If an average of one to four moths is caught, the risk of infestation is moderate, and control decisions should be based on further field scouting. If the trap catch averages more than four per night per trap, the risk of significant damage is high and an insecticide treatment should be considered.

Field scouting also can be used to monitor moth activity and is always a good supplement to pheromone trapping. Begin scouting by stage R-4 (buds beginning to open) so that populations can be carefully assessed as flowering begins (R-5.0 to R-5.1). Moths are best scouted in the late evening when they become active on the heads. They spend most of the daylight hours resting on the undersides of leaves and other vegetation and often fly off when disturbed, thus they can be difficult to locate and identify unless populations are heavy. Count moths on five sets of 20 plants scattered...
across the field. When prices are below 20 cents per pound, consider an insecticide treatment if scouting results average two sunflower moths or more per five plants at early bloom. When prices are above 20 cents per pound, this threshold could be lowered to around one moth per five plants. Since large numbers of moths can enter a field very quickly, scouting should be repeated at 2- to 3-day intervals until the R-5.9 stage is reached.

Regional differences in sunflower moth problems have been observed. Producers in southern and eastern areas generally experience more sunflower moth activity than those to the north and west and are more likely to need a second treatment to achieve acceptable levels of control. The need for a second treatment is more likely if the first was made early (R-4 to R-5.1). The first treatment targets adults to prevent egg laying, but it provides little residual activity as flowers continue to expand. A second treatment should target both late-arriving adults and larvae feeding on the surface of the heads. Larval control can be inconsistent because it requires precise timing and good coverage of the sunflower heads to make sure the larvae come in contact with the insecticide residue. Also, older larvae are generally considered more difficult to control with an insecticide than younger larvae. Care should be taken to avoid killing bees and other beneficial insects that may be present. Evening or early morning treatments are helpful in this regard.

### Banded Sunflower Moth

*Cochylis hospes* Walsingham, is a small straw colored moth about ¼ inch (7 millimeters) long (Photo 33) with a wingspan of ½ inch (13 millimeters). The front wings are yellowish and have a dark-brown triangular band near the middle.

Adults emerge from early July to August. Females lay off-white to pale-orange eggs singly on the bracts of sunflower buds in growth stage R-2 through R-4. The newly hatched larvae are off-white, about ¼ inch (1.6 millimeters) long, and have dark-brown head capsules. Larvae feed in the heads; first on pollen and florets, and later on developing seeds. As larvae grow, there is a gradual color change to light pink or yellow, then to reddish or purplish and finally to green at maturity when they reach ¾ to ½ inch in length (Photo 34). Larvae feed on sunflower seeds through late September to early October and then overwinter in the soil. They pupate in June of the following year.

In the Great Plains, the banded sunflower moth likely has more than one generation per year. For unknown reasons, it is less likely to attack cultivated sunflowers and has rarely been found to have economic impact in this region. It is most problematic in northern regions (North Dakota and South Dakota) where it has only a single generation.

**Management:** Research in North Dakota has demonstrated that delayed planting of sunflowers until late May or early June will help reduce infestation levels of banded sunflower moth. However, late planting may increase damage by the red seed weevil. Growers attempting to use planting
dates to control a given sunflower insect should be aware of the effect of all potential insects. They should also consider the effect of planting date on yield potential and quality of the crop.

Pheromone traps can be used to monitor populations and flight times of banded sunflower moths. However, a pheromone trap based economic threshold is currently not available for this species because the presence of numerous moths in the traps does not correspond to egg laying and subsequent larval infestations on cultivated sunflower.

Field scouting should include weedy field margins and adjacent crops bordering the sunflower field. Moths are best scouted in the early morning or late evening when they are active. Research is continuing into accurate economic thresholds, so check with local extension specialists for current threshold information.

The best plant stage to treat for banded sunflower moths is late bud to early bloom or the R-5.1 growth stage, when banded sunflower moth eggs have hatched and larvae are present. At this time, the larvae that are beginning to feed on the disk flowers are exposed on the head and most susceptible to insecticide treatment.

### Sunflower Seed Weevils

Red sunflower seed weevil, *Sminicronyx fulvus* (LeConte) adults are about ¼ inch (2.5 to 3 millimeters) long and are covered with reddish-orange scales (Photo 35). As the weevils age, the scales rub off and weevils become darker. Gray sunflower seed weevils, *Sminicronyx sordidus* (LeConte) (Photo 36), are about ⅝ to ⅞ inch (2.5 to 6 millimeters) long.

Females lay eggs, usually one egg per seed, between the pericarp and developing achene (seed). Gray sunflower seed weevil females lay eggs during late bud stage (R-4) and red sunflower seed weevils lay eggs early in the flowering stages (R-5.1). Red sunflower seed weevil eggs are not laid until after pollen shed, because females must feed on pollen before they can mature eggs. Larvae feed on the inner meat of seeds (Photo 37). Red sunflower seed weevil larvae only consume about half the meat in the seed while the gray sunflower seed weevil larvae consume nearly all the seed's contents. When growth is completed in August to early October, larvae chew a hole, exit the seed, and drop to the ground to overwinter in belowground cavities. Pupation occurs in June, lasting 8 to 10 days. Adults may be found from June to September. There is a single generation each year.

**Management:** Scouting for the red sunflower seed weevil can be difficult because of its spotty distribution in the field and its habit of hiding in sunflower heads. Start scouting at the late bud stage (R-4.0), and stop when the majority of the plants in the field have passed 70 percent pollen shed (R-5.7), or when the action threshold has been exceeded in oil-type sunflowers (see below for calculations). Avoid making seed weevil counts from plants in field margins as they tend to congregate in these areas, and counts will not be representative of the entire field. Five sunflower heads should be sampled at random (without regard for growth stage) at
five different sites within a field, each at least 75 feet from the field edge.

Red sunflower seed weevils can be counted by rubbing the face of the head. This causes the weevil to back out and move around the face of the head. An alternative is to spray the head with an aerosol containing the insect repellent “DEET.” This will flush the insects from their hiding places, allowing them to be counted easily. If the insect repellent method is used, use Table 21 to convert from total weevils flushed from a head to an absolute count.

Red sunflower seed weevil economic thresholds in oil-type sunflower depend on the following variables:
- the cost of insecticide treatment per acre;
- the market price of sunflower in dollars per pound; and
- the plant population per acre.

Economic Threshold = Cost of Insecticide Treatment ÷ (Market Price × 21.5) × ((0.000022 × Plant Population) + 0.18)

The other numbers in the formula are constants that simplify the calculation. They replace calculations for the number of damaged seeds per weevil sampled and the oil content loss of the infested seeds. Table 22 gives the economic thresholds for selected treatment costs, market prices, and plant populations.

Insecticide applications are made to prevent adults from laying their eggs; therefore, oil-type sunflower treatments should be timed early in the flowering period when about 30 percent of the plants have reached the R-5.1 stage. Insecticide applications made against sunflower moth also may provide adequate control of seed weevils.

Confectionary sunflowers should be treated even earlier to avoid quality penalties. If less than 10 to 15 percent of the plants have reached R-5.1 and one or more red sunflower seed weevils can be found per head, treatment should be considered.

Because the action threshold for gray sunflower weevils is not well defined, the thresholds described for the red sunflower weevil are generally used on oil-type sunflowers, keeping in mind the following differences between the species. The gray sunflower seed weevil feeding causes the seed to enlarge during its development. The larvae consume most of the seed contents so that at harvest the seeds pass through the combine and do not contribute to dockage. Treatments for gray sunflower seed weevil should be made earlier, when 10 to 15 percent of the plants have reached the R-4 stage.

### Sunflower Bud Moth
*Sulêima helianthana* (Riley). This moth has a wingspan of ¾ of an inch (17 millimeters) and is gray-brown in color with two dark transverse bands on the forewings (Photo 38). The larva is cream colored with a brown head (Photo 39). The insect is not migratory, and wild sunflowers are a significant source of these moths. First generation adult moths emerge from overwintering pupae from May to mid-June. There is a second generation in July or August. First generation larvae bore into stems of both wild and cultivated sunflowers, leaving characteristic lumps of black excrement at their entrance holes. Damage can occur at any growth stage up to R-5 and results in plant growth deformities, including branching, loss of apical dominance, and twisted heads. Second generation larvae usually feed in the pith area of the head.

<table>
<thead>
<tr>
<th>Weevil Count in Field</th>
<th>Absolute Density</th>
<th>Weevil Count in Field</th>
<th>Absolute Density</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>1.4</td>
<td>11</td>
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<tr>
<td>2</td>
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</tr>
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Table 22. Economic threshold (weevils per head) for red sunflower seed weevil for selected treatment costs, sunflower prices and plant populations.

<table>
<thead>
<tr>
<th>Treatment Cost</th>
<th>price per pound</th>
<th>red seed weevils per plant needed to justify treatment</th>
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<td>25,000 plants per acre</td>
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<td>3 3 2</td>
</tr>
</tbody>
</table>
Management: Significant yield losses have not been documented with this insect and no treatment threshold has been determined.

Sunflower Headclipping Weevil

_Haplothynchites aeneus_ (Bohemian). The adult is shiny black, measuring about ¾ of an inch (8 mm) from the tip of the snout to the rear of the abdomen (Photo 40). Larvae are cream colored, somewhat C-shaped, and grub-like in appearance. Adults emerge in mid-July and may be found on plants for a 2- to 3-week period. The females feed on pollen and nectar of flowering heads. Damage to sunflower occurs because the female makes a circle of feeding punctures on the upper stalk that partially sever the head (Photo 41). Eggs are then laid in the sunflower head, which subsequently falls to the ground. The larvae develop and overwinter in the fallen head. The percent of “clipped-heads” is usually low but may reach 20 percent in some fields. Damage is most often limited only to field margins.

Management: This insect is thought to seldom reach economic levels at lower sunflower prices; however, as prices rise treatments might be justified to try to keep populations below economic injury levels. Because head clipper damage results in the loss of a complete head, the Economic Injury Level for headclipping weevil (percent of heads cut) = Cost of Control + (Expected Pounds of Sunflower per Acre × Price per Pound). With a production goal of 2,000 pounds per acre and a price of $0.10 per pound, 6 percent of the heads would need to be cut to justify a $12 treatment, but at $0.30 per pound, it would only take a 2 percent loss to justify treatment. Thus, scouting fields for signs of head clipping weevils before flowering and treating before the weevils can cause significant head clipping might be considered when prices and expected yields are high. Because damage is often concentrated in the field margins, treatments can often be limited to these areas as well.

Sunflower Seed Maggot

_Neoteephritis finalis_ (Loew). The adult fly is about ¼ inch (6 millimeters) long, with a wingspan of about ½ inch (9 millimeters). The wings have a brown lace-like appearance. The larvae attain a length of ½ inch (5 millimeters) at maturity. Adults emerge during early July, and egg deposition occurs on the corolla (flower petals) of developing disk flowers. The total larval period is 14 days. Two generations generally occur. The first generation pupates in the head, whereas the second generation overwinters in the soil as pupae. Larval damage is largely dependent on the state of larval and seed development. Seed sterility occurs when newly hatched larvae tunnel into young blooms. A single larva feeding on immature flowers can destroy up to 12 ovaries, while larvae feeding on more mature flowers may destroy only one to three seeds during development.

Management: Significant yield losses have never been demonstrated with this insect.

Sunflower Receptacle Maggot

_Gymnocarena diffusa_ (Snow). The adult fly is about ½ inch (13 millimeters) in length with a wingspan of about ¾ inch (19 millimeters). Its eyes are bright green and wings have a yellowish-brown mottled pattern (Photo 42). Adults emerge in late June to early July. Eggs are laid on bracts of developing sunflower heads. Upon hatching, larvae tunnel into the spongy tissue of the receptacle and upper stem (Photo 43). After about 30 days, the mature larvae cut small emergence holes on the underside of the receptacle. Most larvae then drop to the soil to pupate in late August or early September, although some larvae pupate in the head. There is one generation per year in the region.

Management: Significant yield losses have never been demonstrated with this insect.

Stem Feeders

Sunflower Stem Weevil

_Cylindrocopturus adaspersus_ (LeConte). Adults are about ¼ to ⅛ inch (4.5 millimeters) long and grayish-brown with variable white spots on the wing covers and thorax (Photo 44). Larvae are creamy white with a small, brown head capsule and are ¼ inch (5 to 6 millimeters) long when mature. Larvae appear C-shaped when observed in the vascular and pith tissue of the lower stalk (Photo 45). This pest has only one generation per year and adult dispersal appears extremely limited, making field proximity to infested sunflower stubble a significant risk factor. Most adults emerge in late May and early June, thus early plantings are more susceptible to attack. In June and July, adults can be found feeding on the epidermal tissue of sunflower foliage. This feeding does not affect plant vigor. Once emergence occurs, 10 to 14 days are required before egg deposition begins. Eggs are deposited individually in the epidermal tissue of the lower stem. Larval populations of 25 to 30 or more per stalk can weaken the stem tissues and cause lodging.

Drought-stressed plants are most susceptible to stem weevil damage. Plants under irrigation typically contain fewer larvae than adjacent dryland plants, suggesting that well-watered plants are able to partially resist the establishment of weevil larvae. The presence of numerous larval chambers weakens the stalk, causing infested plants to lodge when plants dry down. Additionally, this insect is a vector of Phoma black stem disease. Adults pick up spores of the fungus as they emerge from old stalks and inoculate young plants with the disease as they lay eggs. Larval feeding appears to enhance subsequent proliferation of the fungus within the stalk. Mature larvae form overwintering chambers in the woody stem tissue near the base of the stalk (Photo 46) in the fall. Pupation of overwintered larvae begins in April.

Management: Cultural control methods that are useful for managing sunflower stem weevil include delayed planting to avoid the major egg laying period (plant after 500-degree days, base 43 degrees Fahrenheit), planting lower plant...
populations to allow growth of larger stalks, and tillage to reduce emergence. About 75 percent of the variance in stalk diameter is determined by the distance to adjacent plants in the row. Lodging was lower at both 9,000 and 18,000 plants per acre than at 36,000 plants per acre in studies from North Dakota. Cultivation of crop residues may provide some control of overwintering larvae and pupae, if it is compatible with soil and water conservation practices. A combination of disking to break up stalks and moldboard plowing to bury them at a depth of 6 inches (15 centimeters) will bury immature stages and reduce the emergence of adult stem weevils.

Decisions for treatment of sunflower stem weevils can be based on field history and/or scouting for adults. The risk of damage can be assessed by inspecting stalks from adjoining fields that were planted to sunflowers the year before. Overwintering chambers from larvae can be readily seen if the plants were severely infested. Field scouting for adults should start at about 600-degree days (base 43 degrees Fahrenheit, accumulated from January 1) and continue until mid-July. Select sampling sites 70 to 100 feet in from field margin. Examine five plants at five randomly selected sites throughout the field for a total of 25 plants. Approach plants slowly with the sun in front of you to avoid casting shadows on the plant and scaring the weevils. Consider treatment of early planted sunflowers as they reach stages V-8 to V-14 in regions with a history of stem weevil problems, where planting adjacent to severely infested stubble, or if adults average more than one per three plants.

In addition to spraying for adult weevils, soil insecticides have sometimes been used to help manage this pest. However, the EPA is currently considering canceling the use of carbofuran (Furadan) on sunflowers, which would leave producers without a planting-time option for controlling stem weevil. Neonicatinoid seed treatments (Cruiser) have been shown to not have sufficient residual activity to control stem weevils.

**Black Sunflower Stem Weevil**

*Apion occidentale* (Fall). The black sunflower stem weevil is only 1/4 to 3/8 inch (2.5 to 5.0 millimeters) long with a long, curved snout. Larvae are small and yellowish. Unlike the sunflower stem weevil, black stem weevils overwinter as adults, not larvae. They are rarely as abundant as the sunflower stem weevil, and their mechanical injury is considered negligible; however, they have been implicated as vectors of *Phoma* black stem disease.

**Management:** This insect usually does not require specific management, except perhaps in areas of South Dakota. Treatments directed at controlling sunflower stem weevil will also control black stem weevils.

**Longhorned Beetles**

*Dectes texanus* LeConte, is native to the High Plains and is a member of the beetle family known as the longhorn beetles or roundheaded borers. The adult (Photo 47) is a bluish gray beetle about 3/8 inches (7 to 10 millimeters) in length with black and gray banded antennae that are somewhat longer than the body. Eggs are usually laid in the petioles of lower leaves where the early instar larvae feed, boring down into the main stalk as they grow. Fully grown *Dectes* larvae (Photo 48) are creamy white, legless, somewhat corrugated in appearance, and taper toward the tail end. When mature, the larvae girdle the inside of the stalk (Photo 49) and create an overwintering chamber at the base of the stalk, weakening the stalk. This insect also is known as the soybean stem borer and is a pest of soybeans throughout southern and central U.S. production areas as far north as Nebraska. Although it also feeds on several weedy hosts, including cocklebur and ragweed, these plants do not serve as a significant reservoir for the pest.

A much larger species, 5/8 inch long (13 to 17 millimeters), *Ataxia hubbard* Fisher, (Photo 50) is similar in biology and damage, with the important exception that the larvae of this species do not girdle the stem. Larvae of *Ataxia* (Photo 51) are blunter in shape and covered with tufts of bristles on the terminal segments.

**Management:** Options for stem borer management are limited. Resistant varieties and effective chemical controls are currently not available. Deep plowing has been recommended in the past, but is inconsistent with current soil and water conservation recommendations. Since larval feeding is confined to the central pith of the stalk and has little or no effect on yield in healthy plants, management should focus on reducing losses due to lodging. Larval girdling tends to occur earlier in small plants and under dry conditions. Recent studies reveal that lowering plant populations will reduce plant competition for soil moisture, encourage thicker stems, and increase the opportunity to complete harvest before significant lodging occurs.

**Root Feeders**

**Carrot Beetle**

*Ligyrus gibbosus* (DeGeer) is a moderate size beetle, 1/2 to 5/8 inch long(13 to 17 millimeters), oblong-ovate, and dark reddish-brown to black in color. The larvae are similar in appearance to white grubs (white, C-shaped) and attack the root system.

**Management:** Significant yield loss has not been demonstrated with this insect. Insecticide treatments are not considered necessary under most conditions. Insect-feeding mammals may damage some plants in localized areas as they dig up these larvae in their search for food.

**Sunflower Root Moth**

*Pelochrista womonana* (Kearfott). The sunflower root moth is similar in appearance to the sunflower bud moth, but is darker gray with less clearly defined bands on the forewings. Unlike the bud moth, there is one generation per year, and the adults emerge in late spring. Eggs are laid directly into upper portions of the stem and the larvae (Photo 52) feed within the stem and tunnel downward to the roots late in the season where they overwinter. Multiple larval galleries
may be formed around the root crown, seriously weakening the plant.

**Management:** Because the effect of this pest on yield is unknown, there is no established action threshold for sunflower root moth. Harvest early if lodging is observed.

**Sunflower Root Weevil**

*Baris strenua* (LeConte). The black adults are oval shaped, almost ¼ inch (7 millimeters) in length, and have a short downward pointing snout (Photo 53). Adults appear in fields by June, and they are often found near the roots at the soil surface. Adult feeding at the bases of the plant causes the development of callous tissue. The bright-yellow eggs are laid in this tissue and hatching larvae feed on roots. By September and early October, larvae form a “soil cocoon” near the roots at a depth averaging 2 to 5 inches, where they overwinter. Numerous larvae in the stalk result in wilting and lodging. Adults are known vectors of charcoal rot and *Phoma* black stem disease.

**Management:** Heavy larval feeding can result in some wilted plants and contribute to lodging, but the damage is usually quite localized and no action threshold has been determined. Insecticide treatments are not considered necessary under most conditions.

**References**


**Photo Credits**

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Kansas State University, Department of Entomology — Photo 23

Stan Pilcher, Former Area Extension Agent, Entomology, Colorado State University. — Photo 24, 25, 33, 38, 46

J. P. Michaud, Associate Professor, Kansas State University, Hays, Kansas — Photo 26, 31, 32, 40, 41, 47, 48, 50, 51, 53

North Dakota State University, Department of Entomology — Photo 36, 38, 39

Larry Charlet, Northern Crop Science Laboratory, USDA-ARS — Photo 34, 49

Angie Grant, Research Assistant, Kansas State University, Hays, Kansas — Photo 52

**Suppliers of Sunflower head moth sampling equipment and supplies**

- **Phero Tech Inc.,** 7572 Progress Way, Delta, B. C. V4G 1E9, phone (604) 940-9944 or 1-800-665-0076; fax: (604) 940-9433
- **Sentry Biological,** 610 Central Avenue, Billings, MT 59102, phone: (800) 735-5323
- **Great Lakes IPM,** 10220, Church Rd. NE, Vestaburg, MI 48891, phone: (517) 268-5693 or (517) 268-5911; fax: (517) 268-5311
- **Gempler’s Inc.,** 211 Blue Mounds Rd., Mt. Horeb, WI 53572, phone: (800) 382-8473
- **Trécé Inc.,** 7569 Highway 28 West, Adair, OK, phone: (918) 785-3061
Sunflowers are an economically viable crop alternative for crop producers in the High Plains, including Kansas, Colorado, Nebraska, and Texas. Sunflowers are well adapted to both irrigated production and dryland cropping systems in the region and are a viable “double crop” option where growing season length permits. Dryland sunflower production is economically competitive with other cropping options in High Plains cropping systems. Irrigated sunflowers also have a competitive economic niche in parts of the High Plains where groundwater supplies may be too limited to support fully irrigated corn production. The existence of sunflower processing plants in the High Plains provides sunflower producers with market outlets and helps ensure the long-run economic viability of the sunflower enterprise in the region.

Markets exist in the High Plains for three differentiated sunflower products — oil, confectionary seed, and birdseed. Oil-type sunflower varieties have a shiny black coat and are crushed to produce a high-quality vegetable oil mainly used in frying. Sunflower meal is a by-product of the crushing process for oil sunflowers and is used as high protein livestock feed. Discarded sunflower parts from the crushing process are also used in livestock feed along with sunflower meal. Confectionary sunflowers have generally larger seeds that are black with white stripes and are grown to produce food products for baking or direct consumption. Sunflowers are also produced in the High Plains for use as birdseed. Birdseed sunflower sales represent a small, but fast growing, portion of sunflower production, with some sunflower varieties grown specifically to meet birdseed contract specifications. Additionally, some oil-type sunflower producers deliver their crop to birdseed plants if the price relationships are favorable. Some small sunflower nut meats from hulled sunflowers also go into the birdseed market. Confectionary sunflowers that are too small to meet market specifications for human consumption are often sold as birdseed by processors.

Contracting confectionary sunflower production between producers and processors is prevalent. This creates a need for producers to understand sunflower contract grade and quality specifications.

Since the late 1990s, the U.S. oil sunflower industry has been in transition toward the use of mid-oleic varieties. The sunflower oil produced by these mid-oleic sunflower varieties is commonly referred to as “NuSun,” a title originating with the National Sunflower Association. Mid-oleic sunflower varieties have oleic acid contents of 55 to 75 percent, a linoleic acid level of 30 percent, and a saturated-fatty acid content of 8 percent or less. Mid-oleic sunflower oil has performed as well as cotton oil (i.e., the industry standard) in consumer frying tests, with the added benefit of having low saturated fat levels. This makes it attractive to health-conscious consumers and consequently the U.S. food processing industry. There is optimism in the sunflower industry that mid-oleic sunflower oil can fulfill U.S. consumer demand for a nonhydrogenated and reasonably priced frying oil in coming years, both in the U.S. snack food and the fast food industry. This transition toward mid-oleic sunflower oil production could coincide with a shift in U.S. sunflower demand away from volatile world export markets toward stable and potentially lucrative domestic markets.

The Kansas, Colorado, and Nebraska section of the High Plains presently has four sunflower plants: two oilseed crush plants (Goodland, Kan. and Lamar, Colo.) and two confectionary processors (one in Colby, Kan., and one in Goodland, Kan.). Farmers’ sunflower marketing opportunities in the High Plains are closely tied to the existence and economic viability of these regional sunflower processing plants. Specific information about sunflower grade requirements; oil content price premiums; confectionary seed size premiums and discounts; market supply and demand factors influencing sunflower prices; and example sunflower contract specifications in the High Plains are found in the K-State Research and Extension publication Sunflower Marketing in the High Plains, L-887 (Revised in September 2001). Six other oilseed sunflower crush plants exist in the United States, located in Minnesota (1), Montana (1), North Dakota (2), Oklahoma (1), and Texas (1). Nine other confectionary processing plants exist in the United States, located in Minnesota (4), North Dakota (4), and Texas (1). (Source: National Sunflower Association) Because of the geographic location of the U.S. High Plains, it holds a transportation cost advantage over the sunflower production areas in the northern United States for many western U.S. domestic markets and for the Mexico export market.

In addition to the sunflower processors who directly contract and buy from High Plains sunflower producers, many local grain elevators also handle sunflowers at intermediate stages of the raw sunflower handling and transportation process. Most of these elevators are located in the western and central parts of Kansas and in eastern Colorado, as well as in western Nebraska, tending to handle oil sunflower exclusively. Elevators typically compare oil-type sunflower seed bids from competitive sunflower crushers, exporters, and birdseed packagers and then make sales to the sunflower seed user that offers them the highest price net of transportation and handling costs.

Spain was the largest importer of U.S. in-shell confectionary sunflower seed during the 2004/05 to 2006/07 marketing years with an average of 28,141 metric tons per marketing year, accounting for 34 percent of average total U.S. in-shell confectionary sunflower seed exports (70,642 metric tons) during that period. Turkey (22 percent), Romania (7 percent), and Mexico (7 percent) were the next three largest importers of U.S. in-shell confectionary sunflower during this period. (Source: National Sunflower Association)
Association) Germany was the largest importer of U.S. confectionary sunflower kernel (seeds with hulls removed) during the 2004/05 to 2006/07 marketing years with an average of 8,623 metric tons per marketing year, accounting for 27 percent of average total U.S. confectionary sunflower kernel exports (34,584 metric tons) during that period. The United Kingdom (17 percent), Mexico (7 percent) and Canada, Denmark, France and the Netherlands (all with 5 percent) were the next largest importers of U.S. confectionary sunflower kernel during this period.

Canada was the largest importer of U.S. sunflower oil during the 2004/05 to 2006/07 marketing years with an average of 46,538 metric tons per marketing year, accounting for 60 percent of average total U.S. in-shell confectionary sunflower seed exports (76,769 metric tons) during that period. Mexico (15 percent), Singapore (5 percent), and Japan (4.5 percent) were the next three largest importers of U.S. sunflower oil during this period. Mexico was the largest importer of U.S. sunflower meal during the 2004/05 to 2006/07 marketing years with an average of 4,460 metric tons per marketing year, accounting for 59 percent of average total U.S. sunflower meal exports (7,506 metric tons) during that period. Mexico (27 percent) was the largest importer of U.S. sunflower meal during this period.

Figure 9 illustrates the variability in sunflower acreage from 1995 through 2008 in the High Plains of Kansas, Colorado, Nebraska and Texas. Planted sunflower acreage averaged 515,859 acres per year in this region during the 1995-2008 period, ranging from a high of 761,005 in 2005 to a low of 357,006 acres in 2006. Kansas averaged 229,000 acres of sunflower planted annually during this period, followed by Colorado (152,786 acres), Nebraska (68,786 acres), and Texas (63,286 acres).

**Sunflower Cost-Return Prospects**

A farmer’s decision to produce either oilseed or confectionary sunflowers should be based on the expected profitability of sunflowers relative to competing crops. In any particular year, that decision will depend on the relative expected returns over selected variable costs for each of the cropping alternatives. In the following dryland and irrigated crop budgets, all costs are accounted for except land and management. Table 23 shows average cost estimates for nonirrigated oil-type and confectionary sunflowers and alternative crop enterprises in western Kansas, northeastern Colorado, and western Nebraska. Table 26 shows cost estimates for irrigated sunflowers and some primary alternative irrigated crop enterprises. Northeastern Colorado dryland cost estimates and are taken from 2008 farm records. The western Nebraska cost estimates are based on 2009 projections.

The northeastern Colorado crop budgets are intended to be “typical” rather than “average,” as they represent a group of individuals each with unique management techniques, machinery, chemical applications, market timing, and uncontrollable good or bad fortune with frost, hail, rain, and insects. Projected cost estimates for 2009 western Kansas irrigated and dryland crop enterprises are taken from Kansas State University Farm Management Guides. Cost estimates for 2005-2007 are based on 2005 to 2007 Kansas Farm Management Association crop production enterprise records. The western Kansas budgets are designed to provide Kansas farmers, farm managers, and agribusiness with annual crop cost projections for planning purposes. Each of the Kansas dryland crop enterprise budget projections were assumed to be part of a wheat-summer crop-fallow rotation (Table 23). Center pivot irrigation systems were assumed for each of the irrigated crop budget estimates in Table 26. Tables 24 and 25 represent yield sensitivity analysis for dryland and irrigated enterprise costs. Production cost estimates for Nebraska are provided by the University of Nebraska Cooperative Extension Service. The Nebraska dryland sunflower budget is based on an eco-fallow system with sunflowers planted after wheat in a 3-year wheat-sunflower-fallow system.

**Figure 9.** Sunflower acreage in Colorado, Kansas, and Nebraska (1995-2008).
Table 23. Non-irrigated crop budgets for Northeastern Colorado (2008), Nebraska (2009), and Western Kansas (2009).

<table>
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<tr>
<th>Dryland Crop Budgets for Northeastern Colorado, Nebraska, and Western Kansas</th>
<th>Oil-Type Sunflower</th>
<th>Confectionary Sunflower</th>
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<td>UNL</td>
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1 For 2009 KSU Budget projections, Machinery Ownership Costs are based on Kansas Custom Rates, including all machinery, labor, fuel, maintenance, insurance and any other costs associated with Custom Rate Operations.
Table 24. Cost Sensitivity of non-irrigated crop costs to Yield Variation for Colorado (2008), Nebraska (2009), and Western Kansas (2009, 2005-2007).

<table>
<thead>
<tr>
<th>Dryland Crop Budgets for Colorado, Nebraska and Western Kansas</th>
<th>Oil-Type Sunflower</th>
<th>Confectionary Sunflower</th>
<th>Winter Wheat</th>
<th>Corn</th>
<th>Millet</th>
<th>Grain Sorghum</th>
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<tr>
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<td>$24.33</td>
<td>$20.93</td>
<td>$4.39</td>
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<table>
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<tr>
<th>Irrigated Crop Budgets for Colorado, Nebraska and Western Kansas</th>
<th>Oil-Type Sunflower</th>
<th>Confectionary Sunflower</th>
<th>Corn</th>
<th>Dry Beans</th>
<th>Soybeans</th>
<th>Winter Wheat</th>
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<td>$0.17</td>
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<td>Irrigated Crop Budgets for Northeastern Colorado, Nebraska, and Western Kansas</td>
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<td>Dry Beans</td>
<td>Soybeans</td>
<td>Winter Wheat</td>
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<td>KSU</td>
<td>UNL</td>
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<td>KSU</td>
</tr>
<tr>
<td>Yield per Acre</td>
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<td>200</td>
<td>190</td>
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<td>$/lb</td>
<td>$/lb</td>
<td>$/bu</td>
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1 Sprinkler Lease includes an estimate of actual irrigation sprinkler lease expenses in CSU budgets, and the total of Sprinkler irrigation Depreciation (well and equipment), Interest (equipment), and irrigation labor for KSU budgets.

2 For KSU Budgets, Machinery Ownership Costs are based on Kansas Custom Rates, including all machinery, labor, fuel, maintenance, insurance, and any other costs associated with Custom Rate Operations. Both field related machinery labor and nonmachinery labor are included in these custom rate based cost estimates.
Diseases

Sunflower production in the High Plains has been increasing as the sunflower oil and confectionary seed industry have established local markets. As with other crops, as planted acreage increases, the probability of disease problems also increases. The problem is compounded by native, weedy sunflowers that serve as a reservoir for diseases and pathogen-carrying insects.

Disease problems affecting sunflowers can generally be divided into two types; nonparasitic and parasitic. Nonparasitic diseases include problems such as hail injury, herbicide damage, nutritional deficiencies, and weather related problems. Parasitic diseases include problems caused by fungi, bacteria, viruses, phytoplasmas, and nematodes. There are about a dozen sunflower diseases known to occur in the High Plains, all of which are caused by fungi. These fungi can attack the roots, stems, leaves, or heads, but only a few of these diseases cause significant economic loss.

Many disease problems are more severe under irrigated conditions, especially with center pivots. The most effective controls for sunflower diseases are the use of resistant or tolerant hybrids, and a minimum rotation of 4 years between sunflower crops when a particular disease has caused problems in a field. (Refer to the Crop Rotations and Residue Management section in this publication.) Seed treatments are available for the control of seed rots and seedling blights. There are now several foliar fungicides registered for use on sunflowers. Labeled diseases include rust, downy mildew, Alternaria leaf spot, powdery mildew, white rust, Septoria leaf spot, and Cercospora leaf spot.

Nonparasitic Problems

Bract Necrosis

High temperatures (greater than 100 degrees Fahrenheit) may cause a brown discoloration of disk flowers and bracts. This discoloration often becomes black after rain. When bract necrosis occurs during the bud stage, buds may not open. Injured buds that do open may produce only a few or no disk flowers and little pollen. Some hybrids may be more susceptible to this problem than others; otherwise, there is no known control.

Hail Injury

Severe wind, rain, and hail storms may defoliate or destroy sunflower plants. Damage and yield loss depend on the stage of plant development at the time the injury occurs. Partial or complete defoliation, stem bruising or breakage, and stand reduction can occur because of storm damage. When injury to the terminal bud occurs during the early reproductive stages, plants often die. When the injury occurs at or after flowering, the plants usually remain green, but do not produce seed. Physical injury on the back of the sunflower head, coupled with wet or humid conditions, can result in the development of Rhizopus head rot, a serious plant disease in the High Plains.

Lightning Damage

The sudden death of plants (both sunflowers and weeds) following a storm is usually an indication of lightning damage. Dead plants usually occur in a circular area from 50 to 100 feet in diameter. Near the outer edge of the circle, plants may wilt but not die. The stalks of lightning damaged plants often have a brown to black pith. The affected area does not increase in size after the first 2 weeks.

Herbicide Damage

Damage from herbicides can occur from drift, carryover from a preceding crop, application of the wrong chemical, application of approved chemicals at excessive rates, or when applied immediately before extended periods of low temperature or high rainfall. (See the Weed Control Section of this publication.) Drift is caused by the movement of windblown spray droplets applied in the proximity of a sensitive crop or by movement of herbicide vapors during times of high wind and hot temperatures. Volatilized herbicides can damage sensitive crops many miles from the point of application. Sunflowers are susceptible to drift from many post-emergent applied herbicides such as 2,4-D, picloram (Tordon), dicamba (Banvel, Clarity, and other trade names), bromoxynil (Buctril), bentazon (Basagran), glyphosate (Roundup, Ranger, and other trade names), and paraquat (Gramoxone Inteox).

Drift from a growth regulator type herbicide such as 2,4-D or dicamba is most common. These materials may reduce sunflower yields by as much as 25 to 80 percent, depending on the growth stage when the drift occurred. Damage is greatest when sunflowers are at the bud stage. Symptoms from herbicides such as 2,4-D (especially ester formulations), dicamba, and picloram, usually consists of abnormal bending or twisting of stems or leaf petioles within 24 to 48 hours after contact. Sunflower growth is often slowed or stopped, and young leaves that emerge after exposure to the herbicide are often cupped or elongated (Photos 13a through 19). Some plants may die without further growth, while others remain green for the remainder of the season, but with no further growth. If damage is less severe, growth may begin again after the herbicide is partially metabolized by the plant. Other symptoms include the development of multiple heads or heads that are malformed or partially filled.

The other major type of chemical damage in sunflowers is carryover from herbicides in the amino acid synthesis inhibitor (ALS) group. Some commonly used herbicides in this group include chlorsulfuron (Glean and Finesse), metsulfuron (Ally and Agility), and triasulfuron (Rave). Many of these materials have long residual life in the soil, especially where soil pH is high, and rainfall is limited. Injury symptoms
include stunting, yellowing of leaves, purple veins, root pruning, and gradual death.

Most herbicide drift and carryover problems can be managed by careful crop rotation, avoiding application of herbicides near sensitive crops such as sunflowers, and by avoiding spraying during periods of high winds and hot temperatures. Aerial applicators should be made aware of sunflower field locations.

Parasitic Problems

Root and Stalk Diseases

Seedling Blight and Seed Rot
Sunflower seed may be attacked by various soilborne and seedborne pathogens. Affected seeds may rot before emergence, or seedlings may be killed within a week or two following emergence. Such seedlings often exhibit a symptom known as damping-off, which is a collapsing of the stem at or below the soil surface that causes a plant to fall over and die. Other symptoms may include darkened, rotted roots or stem discoloration. *Pythium* and *Rhizoctonia* species are the most common fungi associated with such diseases, but other fungi may occasionally cause problems as well.

Seedling diseases are best managed by making sure there is good contact between the soil and seed at planting, and that soil temperature (above 50 degrees Fahrenheit) and moisture are favorable for rapid germination and growth. When planting early into cool, wet soils, or when germination conditions are less than ideal, a seed treatment is recommended. Products containing metalaxyl or mefanoxam (Apron, Allegiance, and ApronXL) give excellent control of *Pythium*.

Downy Mildew
The downy mildew fungus, *Plasmopara halstedii*, is a soilborne pathogen that can systemically infect roots within the first few weeks after emergence. It is favored by poorly drained clay soils. Typical symptoms include dwarfing and a chlorosis that starts as a light green or yellowish area near the midribs of leaves and expands outward (Photo 54). During periods of high humidity or dew, a white, cottony growth on the midribs of leaves and expands outward (Photo 54). These spores can be blown to other plants affected by *Phoma* girdling have black to brown roots and a black to brown lesion at the soil line. Premature ripening results in sunflowers with small heads, and seeds toward the center of the head do not fill properly or may be empty.

The fungus overwinters in infected debris and is spread by splashing rain or insects. While no control measure is totally effective, crop rotation will reduce the population of *Phoma* in the soil. A good insect-control program also will limit disease spread. Although no hybrids are immune to the disease, some seem to have more resistance than others. Resistance in hybrids is best identified by observing the incidence and severity of the disease in hybrid demonstration plots.

Phomopsis Stem Canker
Phomopsis stem canker, caused by *Phomopsis helianthi*, is similar in appearance to Phoma black stem. Compared with Phoma black stem however, the *Phomopsis* lesion is much larger, sometimes reaching 6 inches in length. It is also lighter colored, being tan-to-brown (Photo 60). *Phomopsis* causes more pith degradation than Phoma, so that the stalk is easily crushed when thumb pressure is applied to the lesion. Like Phoma black stem, plants infected with *Phomopsis* ripen prematurely and have reduced oil content. No specific control measures are reported, but since the disease overwinters on crop debris, longer rotations should be effective.

Charcoal Rot
Charcoal rot is caused by the soilborne fungus *Macrophomina phaseolina*. Charcoal rot is favored by high temperature (greater than 90 degrees Fahrenheit) and low soil moisture. Infection can occur early in the season and then remain latent until environmental conditions are more favorable for disease development.

Symptoms usually begin to appear after flowering. The first symptoms are a general wilting of the plant during the midday heat followed by a recovery in the evenings as temperatures decline. Eventually, the wilt becomes permanent and the plant dies. Since charcoal rot restricts the flow
of water and nutrients to the head, reduced seed size and light test weights usually occur. The stalks of infected plants eventually take on a gray discoloration at the base (Photo 61). Internally, the pith decays leaving only the water conducting vascular bundles. This gives the internal stem a shredded appearance. In the final stage of disease development, the vascular bundles become covered with small, black flecks, which are the reproductive structures of the fungus known as sclerotia (Photo 62). With the use of a hand lens, sclerotia also can be observed embedded in the outer surface of the lower stem and roots.

As infected crop residue decays, the sclerotia fall back into the soil where they can survive for many years. More than 200 plant species serve as a host for M. phaseolina including soybeans, dry beans, corn, and grain sorghum. Therefore, crop rotation has minimal effects on disease control unless small grains are used. Resistant hybrids are not available, but hybrids and later planting dates can be selected to avoid flowering and seed fill in the hottest part of the summer. The best management system for charcoal rot is to avoid drought stress. Any cultural practice that conserves soil moisture will reduce losses to charcoal rot. These include irrigation, weed control, reduced plant population, and conservation tillage practices.

Verticillium Wilt

Verticillium wilt or leaf mottle is caused by the fungus Verticillium dahliae. Symptoms are most obvious at flowering when infected plants occur singly or in groups. Symptoms appear on lower leaves first and gradually progress up the plant. Tissue between leaf veins becomes yellowed, then brown, giving the leaf a mottled appearance (Photo 57). Black areas occur on the stem, particularly near the soil line. The vascular system of the stem is brown to black when cross-sectioned (Photo 58). Severely infected plants are stunted and may ripen prematurely or die before flowering.

Verticillium wilt is rare in the High Plains. Management is by a 3- to 4-year rotation with small grains or other nonhost crops and avoiding fields with a history of Verticillium wilt.

Foliar Diseases

Alternaria Diseases

Two species of Alternaria are known to cause leaf spots, stem lesions, or head rot in the High Plains. They are A. helianthi and A. zinniae. Both pathogens can be seedborne and overwinter in stem residue on and near the soil surface. Infection is favored by warm, humid conditions that promote extended periods of leaf wetness. Early planted fields can be more severely diseased than later planted ones. Plants are most susceptible at flowering and during the seed-fill stages. Dark brown, oval, necrotic spots can occur on the heads, leaves, petals, petioles, and stems (Photos 63, 64, and 65). Stem lesions start as black flecks or streaks that later enlarge to cover large areas of the stem, which may be girdled. Plants may be defoliated and die prematurely, and lodging frequently occurs. Yield losses occur from reduced head diameter, number of seeds per head, and oil content. The disease may be satisfactorily managed through crop rotation and tillage practices that hasten residue decomposition. While complete resistance is not available, some hybrids tolerant the disease better than others. Fungicide control is available.

Red Rust

Red rust, caused by the fungus Puccinia helianthi, is the most common disease found on sunflowers in the High Plains. Yield losses are limited when it occurs late in the growing season, but in recent years, development has begun early in the season and significant losses have occurred, particularly in the confectionary seed crop. Many oil hybrids have good to excellent resistance to most of the common races that occur in the High Plains. Levels of resistance in confectionary hybrids are generally not as high as in oil hybrids, but have improved in recent years.

Rust may first appear as pale yellow spots on the upper surface of the leaf. As it develops, cinnamon-colored spots will form on the underside of the leaf (Photo 66). Later, these spots will turn black. Changes in color coincide with the different stages of fungal development. Severely diseased leaves dry up and die.

Two fungicides are currently labeled for rust control (Headline and Quadris) and others are expected in the near future. In addition to resistant hybrids and fungicide management, cultural practices such as the destruction of volunteer and wild sunflowers near commercial fields, and avoiding high nitrogen rates and high plant populations will aid in disease management.

White Rust

White rust, also known as white blister, occurs only sporadically in the High Plains. It is caused by the fungus Albugo tragopogonis. Although it is named rust because of its rust-like symptoms, it is actually more closely related to downy mildew. It overwinters as oospores in residue in the soil, or as mycelium or sporangia on weeds, and wild and volunteer sunflowers in milder climates. Infection is favored by cooler temperatures and high rainfall.

The first noticeable symptom is a raised, yellowish-green spot on the upper surface of a leaf (Photo 67). A creamy white, blister-like pustule forms below this spot on the underside of the leaf (Photo 68). The lowest leaves in the canopy are infected first, and then the disease moves upward. No yield losses have yet been recorded for this disease in the United States, but a systemic phase of the disease occurs in southern Africa with significant losses sometimes occurring. Management of this disease has not yet been necessary, but extended rotations and weed management should reduce inoculum levels.
Head Diseases

White Mold (Sclerotinia Diseases)

Worldwide, white mold, caused by the fungus *Sclerotinia sclerotiorum*, is the most destructive disease of sunflowers. It occurs on sunflowers in the High Plains where cool nights and irrigation favor its development.

Symptoms of the disease can include wilting, middle stalk rot, and head rot. The wilt symptom is most common because the fungus survives in the soil and first attacks the roots. A tan-colored canker forms at the base of the plant and eventually girdles the stem (Photo 69). In advanced stages, the pith decays and stalks become shredded. Additionally, hard, black resting structures, known as sclerotia, form at or near the stem base. They can be found in the pith or outside on the stem, and are an excellent identification aid for the fungus.

The fungus also produces mushroom structures on the soil surface known as apothecia. Apothecia release wind-blown ascospores that can colonize dead tissues on the stalk, leaves, or heads. Apothecia formation occurs during times of high moisture, usually after the crop canopies over.

Middle stalk rot and head rot usually begin as gray water-soaked lesions on the upper stem and fleshy part of the head, respectively. In the stalk, a dense snowy white fungal growth and some sclerotia will often be produced, especially during wet weather (Photo 70). On the head, the entire seed layer falls away leaving only a bleached, shredded skeleton interspersed with large sclerotia (Photo 71). Sclerotia are about the size and density of the seed and are difficult to remove in threshing and cleaning operations. Presence of the sclerotia with the harvested seed confirms that a field had head rot (Photo 72).

Once *white mold* becomes established in a field, growing a susceptible crop becomes very difficult. The best way to manage *white mold* is by prevention. This is done principally by planting on noninfested fields, or using long rotations (four years or more) of nonhost crops (wheat, corn, and sorghum) to prevent buildup in infested fields.

Sunflowers should not be rotated with dry beans, soybeans, or canola in fields infested with *Sclerotinia*. Numerous weed species (e.g. giant ragweed) are also hosts of *Sclerotinia*, and if not controlled, can maintain the level of the disease during rotation with nonhost crops. Excessive nitrogen rates, which promote denser canopies, should be avoided. Using the most tolerant available hybrids for head rot may help reduce the amount of Sclerotinia produced in the crop. No fungicides are currently labeled for use in sunflower to reduce Sclerotinia head rot.

Rhizopus Head Rot

Two fungal species, *Rhizopus arrhizus* and *R. stolonifer*, have been implicated in disease development. The disease first becomes noticeable when the back of the head turns brown and becomes soft and mushy (Photo 73). During periods of wet weather, or when examining the internal hollow part of the flower head, you may see threadlike strands of the fungal mycelium (Photo 74). Small, black fruiting structures the size of a pinhead develops later, giving the mycelium a grayish appearance. Rhizopus usually causes the premature death of the head, resulting in fewer, lighter test weight seeds that will be blown out of the combine. Losses to Rhizopus head rot in some fields have been near 100 percent.

Although no chemical controls are available, disease development is strongly correlated with sunflower head moth infestations. It has been demonstrated that a good insect control program will limit infection and yield losses due to Rhizopus head rot. Infection also can occur through wounds created by birds and hail.

Photo Credits

54–55 Tom Gulya
56* Downy mildew. M.L. Straley, Cargill Inc.
57* Verticillium wilt leaf symptoms. R. R. Urs, Dahlgren & Co.
58* Verticillium wilt stem symptoms. D. W. Zimmer, USDA–ARS.
59 Doug Jardine
60 Unknown
61* Charcoal rot symptoms on stem. W. E. Sackston, McGill University.
62* Charcoal rot—sclerotia and internal symptoms. J. S. Baumer, University of Minnesota.
63* Alternaria Symptoms on head. G. N. Fick, Sigco Research
64* Alternaria Symptoms on leaf. G. N. Fick, Sigco Research
65* Alternaria Symptoms on stem. G. N. Fick, Sigco Research
67-68 Doug Jardine
70* Sclerotinia wilt (white mold). B. D. Nelson, North Dakota State University.
72 Doug Jardine
73* Rhizopus head rot. M. L. Straley, Cargill Inc.
74 Doug Jardine

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Harvesting

Combines used to harvest High Plains grain crops are readily adapted to harvesting sunflowers, although machine settings and adjustments will differ. Sunflower crop conditions can change rapidly. Because of this, producers should prepare early to harvest sunflowers and to make combine adjustments as warranted by field conditions.

As with any grain, some harvest loss will occur during combining, even under the most favorable conditions. Efficient combine operation is simply a matter of minimizing harvest losses. Additionally, natural factors contribute to crop loss before harvesting begins. For sunflowers, this means that total losses should not exceed 5 percent of yield; this includes preharvest, header, threshing, and cleaning losses. Birds, plant heads jostled together by winds, and lodged plants due to wind, insects, or disease all contribute to preharvest loss. Preharvest loss is minimized by being prepared to harvest the crop when it is ready and finishing harvest in a timely manner. Header loss consists of seed and heads lost at the combine header and depends on operator skill, crop condition, and type of header being used. Threshing loss occurs at the combine cylinder or rotor and is usually minimal in sunflowers. Cleaning loss consists of seed that is carried over at the combine cleaning shoe. Cleaning loss is minimized by proper adjustment of chaffer openings and air flow.

What are typical grain losses in sunflowers? One study found losses as follows:

<table>
<thead>
<tr>
<th>Loss Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preharvest loss</td>
<td>2.2%</td>
</tr>
<tr>
<td>Header loss</td>
<td>5.3%</td>
</tr>
<tr>
<td>Threshing loss</td>
<td>0.1%</td>
</tr>
<tr>
<td>Cleaning loss</td>
<td>1.8%</td>
</tr>
<tr>
<td>Total</td>
<td>9.4%</td>
</tr>
</tbody>
</table>

Assuming a yield of 1,500 pounds per acre, the total loss in this study amounts to 141 pounds per acre. At 8 cents per pound, that translates to more than $11 per acre. Even a 5 percent loss can represent a significant profit loss. A 5 percent loss in this example equals a $6 per acre loss. It is easy to see the value of efficient harvesting.

A Successful Harvest Begins at Planting

Decisions made as early as planting will affect harvest efficiency. Variety and fertility decisions can effect harvest losses. A uniform stand is important from the harvesting viewpoint because uniform stands feed into the combine more easily. Also, a uniform stand will result in uniform plant height and head size, which will reduce head loss and the amount of stalk that enters the combine.

Headers for Harvesting Sunflowers

Three types of combine headers are used in the High Plains: row crop, corn, and small grain platform head. All can be used to harvest sunflowers, although some require modification. Considerations in selecting which head type to use are availability, cost, convenience, and performance. If available equipment can be used, the cost of owning and operating that item can be spread over more acres and hours. Thus, the cost of owning and operating an additional piece of equipment is reduced. If two or more crops are ready to harvest at the same time, using the same head for both crops could make switching between crops at harvest easier.

Sunflowers can lodge and seed shattering can occur, so the ability to collect lodged heads and get them into the threshing mechanism with minimal shattering is crucial to harvest efficiency. Because getting sunflowers into the combine is probably the biggest problem when harvesting, header performance can often dictate combine efficiency. Header performance can sometimes be dramatically improved simply by operating at a slower ground speed. Being patient during harvest will pay dividends, because there is a great deal of seed in one sunflower head. Header losses may reduce efficiency, but gathering excess stalks could cause threshing and cleaning problems. The main objective is to gather heads with minimal stalk entering the combine and minimal seed loss from shattering.

Row Crop Heads

A row crop head is commonly used to harvest crops such as grain sorghum and soybeans planted in row spacings from 30 to 42 inches. It has been used successfully without modification to harvest sunflowers. Row crop head advantages include no need for modification, minimal additional cost incurred if this type of header is readily available, a positive feeding mechanism, and efficient operation in lodged crop. Low-cost row crop head attachments (pans) are also available for small grain platforms. Row crop heads do have a disadvantage because a large amount of stalk enters the threshing mechanism and must be removed from the seed by the cleaning shoe. Row crop heads are typically high maintenance items and also can be an expensive piece of equipment.

Corn Heads

The corn head is the newest attachment being used to harvest sunflowers. This requires the addition of a stationary knife to cut sunflower stalks. Operational advantages and disadvantages are similar to those of the row crop head. The difference is the cost of the knives and the time required to attach and remove knives when switching between corn and sunflower harvest.

Small Grain Platforms

The small grain platform is the most common head used in Kansas. It can be used to harvest sunflowers without modification. However, it has a tendency to cause considerable shatter loss and the loss of whole heads. To minimize these problems, special sunflower harvesting attachments
have been developed (pans). Test results in Tennessee showed header losses were about 5 percent with attachments compared to 46 percent without attachments.

Although sunflower attachments vary in design and mounting, they generally consist of pans 3 to 5 feet long extending in front of the cutterbar and a modified reel and/or deflector. The pans guide the crop into the cutterbar. Many designs also catch shattered seeds as the heads move toward the cutterbar. In addition, some designs are better adapted to picking up lodged heads.

The modified reel and/or deflector shield replace the conventional reel. They push stalks into cutting position and deliver heads to the combine platform. Little stalk enters the combine threshing mechanism. In operation, this attachment acts like a head stripper. The stems are pushed forward by the deflector shield in the slot between the pans. As the heads pass under the lower edge of the shield, they are drawn to the knife by the reel, cut off, and thrown into the feeding auger. The pans guide the stems and catch most of the seed that is shattered from heads as they move to the feeding auger.

Some machines use forward rotating stalk-walker reels mounted under the cutterbar to reduce plugging of stalk slots between pans. The stalk-walker pulls sunflower stalks and weeds down so only the sunflower head is fed into the combine. Stalk-walkers are reported to be particularly useful in fields with tall weeds.

Pan spacing varies, with some being the width of conventional row spacings, 20 to 30 inches, and others being much narrower at 9 to 15 inches. The slot between the pans is usually 2 to 3 inches wide. The narrow-spaced pans work in both conventional rows and solid-stand planting and also allow cutting at any angle to the row direction. This is sometimes beneficial because of the pendulous nature of many sunflower varieties (hybrids) and the direction in which sunflower plants are leaning if lodged.

As with most crops, reel speed should be coordinated with ground speed for satisfactory performance. A variable speed reel drive allows matching reel speed to the ground speed best suited to the harvesting conditions. In general, the reel should operate slightly faster than ground speed.

The pans and a modified reel normally attach to the small grain head. This equipment is often difficult to attach and may take two people a half day or more and nearly as much time to remove. As a result, some producers with large sunflower acreage purchase an additional small grain head and leave the sunflower harvesting equipment permanently attached.

Advantages of using this system included reduced cost if a small grain platform is available, collecting shattered seed, and harvesting less stalk, resulting in cleaner seed. Some disadvantages are lack of positive feeding mechanism, time required to attach pans, bunching between pans, and possible reduced performance in lodged crops. Also, little cost savings are realized when an additional small grain platform is purchased so that attachments are permanent.

**Threshing**

Again, variables abound, depending on the kind of combine and field conditions at harvest. As with headers, there are differing perspectives on how efficient various models and types (conventional versus rotary cylinders, for example) are in sunflowers.

Overthreshing has traditionally been the most prevalent machine problem. There is a tendency to break heads badly if the cylinder is improperly set for the conditions. Consequently, the cleaning shoe is overloaded with small pieces of heads and trash. The goal is to get a completely threshed head onto the straw walker in one piece. This is done by keeping cylinder speed slow, concaves well open, combining at reasonable speeds, and harvesting when seed moisture is in the low teens. When properly set, most machines can harvest the crop adequately. The two adjustments for the threshing mechanism are cylinder speed and concave spacing.

**Cylinder Speed:** Sunflowers thresh relatively easily. The cylinder speed should be set only fast enough to thresh seeds out of the head. On conventional cylinders, this is generally 250 to 450 rpm. A speed of 300 rpm on a 22-inch diameter cylinder has a peripheral speed of 1,725 feet per minute. Cylinders with a smaller diameter could require a faster speed and those with a larger cylinder will likely require a slower speed. Excessive cylinder speed causes considerable dehulling and breaking of seeds, and the chaffer, sieve, and tailings return may become overloaded with small pieces of broken heads.

**Concave Spacing:** When the crop is dry (10 percent or less moisture), the concave should be open wide. A lower concave clearance should be used only if some seed is left in the head after threshing. Improper settings can crush the seed but leave the hull intact. Under most conditions, it is best to decrease the concave clearance rather than increase cylinder speed to get more complete threshing. It is usually possible to set cylinder, concaves, and cleaning shoe to obtain less than 5 percent trash dockage. Under abnormally wet conditions, it may be necessary to use higher cylinder speeds and closer concave settings. Ideally, whole sunflower heads should leave the combine without seeds in them.

Machine adjustments should be attempted if sunflower heads are leaving the combine in small pieces.

**Cleaning**

Sunflower seed is relatively light — 24 pounds per bushel — compared to other crops, so excessive air may blow seed over the chaffer and sieve. Seed forced over the sieve and into the tailings auger will be returned to the cylinder and potentially dehulled or cracked. Only enough air flow should be used to keep trash floating across the sieve. This is sometimes difficult to do because stalks might have a higher moisture content than the seeds. Consequently, broken pieces of stalk can be heavier than the seed and, therefore, more difficult to blow out. The chaffer and sieve should be adjusted.
to minimize the amount of material that passes through the tailings elevator.

When the combine is adjusted correctly to thresh sunflower seed, the threshed heads will come through unbroken with only unfilled seed remaining in the head. If the cylinder/concave area is not properly threshing the crop, the cleaning shoe will be overloaded and cannot perform properly. Proper setting is critical, especially for confectionary sunflower seed.

The upper sieve should be sufficiently open to allow an average seed to pass through on end or be set at 1/2- to 5/8-inch opening. The lower sieve should be adjusted to provide a slightly smaller opening about 3/8-inch wide. Final adjustments will depend upon the amount of material returning through the tailings elevator and an estimate of the amount of dockage in the grain tank. Under ideal harvest conditions and with proper machine adjustment, harvest losses can be reduced to less than 5 percent and dockage to less than 2 percent of yield.

Checking Losses
Preharvest losses and harvesting losses can be estimated by making counts of seeds on the ground. The most effective way to estimate losses is counting the number of seeds in a one-square-foot area. Make sure that you are counting seeds only. Sometimes hulls may not have a seed in them. The rule of thumb is that 10 seeds per square foot represents a loss of 100 pounds per acre.

Adjust seed counts taken directly behind the combine discharge for the concentrating effect from the width of cut down to separator width. Do this by dividing the number of seeds found by four. In other words, in the discharge area, 40 seeds per square foot represent a loss of 100 pounds per acre.

Desiccants
Sunflower fields can be desiccated when they have reached physiologic maturity (backs of heads well-yellowed). Desiccation allows an earlier harvest. Keep in mind, however, that physiological maturity (R-9) must be reached or test weight and seed quality will be reduced.

Storing and Drying

Like most grain crops, sunflowers can be stored safely if proper management practices are followed. The most critical aspects of storing sunflowers are to place dry, clean seed into storage, to apply adequate aeration when needed, and to inspect them frequently (every 3 to 4 weeks).

Steps to Successful Storage
Clean the storage facility. Thoroughly clean the facility, aeration fan, ducts, and handling system by removing trash and old grain, which can harbor insects or fungi. Seal cracks and crevices that allow insects, fungi, or moisture to enter the storage.

Consider using an approved bin treatment for insects. Treat the inside of the facility and beneath the plenum floor with a residual spray for insect control. Use only approved chemicals, follow label instructions, and make sure the chemical is registered for sunflowers.

Clean sunflowers. Sunflowers stored with excessive trash, florets, broken seeds, or other foreign material is more susceptible to fungi and insect problems. This trash is normally at higher moisture content and will cause heating. Cleaning the seeds also will improve the airflow through the sunflowers.

Store at safe moisture content. Sunflowers should be stored at 10 percent or less moisture if marketing within 6 months after harvest. Sunflowers held through the spring or summer should be stored at 8 percent or less for oil seed and 10 percent or less for non-oil seed.

Don’t peak sunflowers in the top of the bin. Peaking results in uneven airflow through a bin and inadequate cooling in the top of the bin. The peaked portion of the bin is an ideal place for insects and fungi to survive during storage and cause excessive damage.

Aeration systems are a key to stored sunflower management. Remember, an aeration fan is used to cool sunflowers, not for drying or moisture removal. The target storage temperature is 40 degrees Fahrenheit. Fans should be operated when the outside air temperature is 15 to 20 degrees Fahrenheit lower than the seed temperature. If the seed temperature is below the targeted storage temperature at harvest, the aeration fans still should run 24 to 48 hours to equalize the temperature and moisture inside the storage structure. Fans should run continuously, even during periods of intermittent high humidity. They can be turned off during rainy or damp weather. A fan should be covered after it is turned off. Spring rewarming of sunflowers is not necessary. In most bins, 2 to 3 days will be required to cool sunflowers.

Check the seed. Sunflowers should be sampled weekly the first 6 weeks after harvest or until seed temperatures are below 60 degrees Fahrenheit. Then sample the sunflowers every 3 to 4 weeks during winter and weekly through the spring and summer. Do not bring the stored grain temperature below freezing with aeration during the winter months. Many storage problems will appear during the first 6 weeks of storage or in the spring and summer as weather conditions begin to change.
Check the sunflowers, not the bin. When sampling, probe the sunflower seed pile and be observant for temperature, moisture, insect, fungi, and odor differences from the previous inspection. If the probe is hot, immediate action is necessary. Remember to feel, smell, or walk around the bin and probe the sunflowers and not just peer through a roof opening and assume there is no storage problem. Always write down the results of your inspection for future reference.

Act quickly to stabilize problems. If a problem is detected, try to stabilize it with aeration. If this fails, move the sunflowers to market immediately as the problems will only increase.

Although some cooperators experience problems when storing sunflowers, most are able to store seed successfully with good management. Growers who adequately dry seeds (8 to 9 percent), use aeration wisely, and periodically inspect their product do not have problems. Generally, High Plains sunflower fields are harvested near 5 percent because of the arid climate. However, with proper management, seeds harvested at high moisture can be dried and stored easily.

Drying

In cases where sunflowers have been harvested at higher moisture (greater than 10 percent), they can be dried using any drying system. There is a tendency by operators accustomed to drying other grains to overdry sunflowers. Removing 10 points of moisture from corn requires evaporating approximately 6 pounds of water, whereas with sunflowers, only 3 pounds has to be removed when drying from 20 to 10 percent. The sunflower seed flow rate through nonbatch dryers must be increased in comparison to corn to avoid overdrying.

Temperatures in the plenum of a dryer should be 160 degrees Fahrenheit or lower in continuous-flow and recirculating-batch dryers with non-oil seeds. Excess heat will cause nutmeats to be steam wrinkled or even scorched. Plenum temperatures for confectionary sunflowers in batch and bin dryers should be lower than 140 degrees Fahrenheit and 110 degrees Fahrenheit, respectively. Plenum temperatures for oil-type sunflowers are 180 degrees Fahrenheit in column dryers and 120 degrees Fahrenheit for bin dryers.

Operators should recognize the fire potential when drying sunflowers. Hair or fibers on the seeds rub loose during handling and tend to float in the air. These fibers will ignite rapidly when drawn through a drying fan and open burner. Dryers should never be left unattended when drying sunflowers. Daily cleaning around and inside the dryer, uniform flow of seeds through a dryer, and providing clean intake air by attaching an extra length of duct to the fan inlet or facing the fan into the wind will reduce fire hazards when drying. The duct must be large enough to not restrict the air flow. Collected trash is a major fire hazard and should be disposed of properly.

If a fire occurs, stop the fan immediately. Many times this will extinguish a small fire in a dryer.

Moisture Meters

Moisture meters should be calibrated following the manufacturers’ guidelines. The meter should be checked against an elevator or processor meter to make sure the meter is consistent with the buyer’s meter. Seeds that are dried tend to “fool” a moisture meter if taken straight from a drier and tested. False readings (too low) after drying are common and can lead to storage problems if an accurate measurement is not known. Samples should be placed in an airtight bag and held for 12 hours at room temperature. Then recheck the moisture content to obtain a second reading. Compensation may be needed for sunflowers with high oil content.

Crop Rotation and Residue Management

Crop Rotations

As with any other crop, sunflowers respond to good management practices, including desirable placement within the crop rotation. While sunflowers grow well on summer-fallowed land, their deep root system allows them to perform well when planted in rotation following shallow-rooted cereals such as winter wheat or proso millet. The deep-rooted, full-season nature of sunflowers often results in significant soil water depletion. Therefore, it may be necessary to use summer fallow, or several years of shallow-rooted crops, to refill the soil water profile.

Research conducted by the USDA-Agricultural Research Service at Akron, Colo., showed that available soil water at winter wheat and proso millet planting was significantly affected by the presence of sunflowers in a crop rotation.

Studies at Colby, Kan. also indicate that 2 to 3 inches less water was available to winter wheat after summer fallow when sunflowers were included in the crop sequence.

At Colby, Kan., research suggests that a winter wheat-sunflowers-grain sorghum-fallow rotation is worth considering. Corn has shown more year-to-year yield variation than either sunflowers or grain sorghum – mostly because of variation in rainfall received. Since there is a greater probability for soil moisture to accumulate after wheat harvest than after a summer crop, the additional moisture stored favors corn following wheat. With soil moisture likely to be somewhat depleted after corn, sunflowers have shown the potential to extract water that is positionally unavailable to either corn or grain sorghum, which favors sunflowers after corn. Grain sorghum requires the least amount of available water when planted in a rotation following shallower-rooted crops.
soil moisture to maintain small year-to-year yield variation and produce high amounts of crop residue. This suggests that grain sorghum, where the season allows its production, follow sunflowers as the last crop before seeding wheat, not only to provide another cash crop, but also to provide additional crop residue cover during the extended fallow period. This rotation potentially offers a combination of no-till and conventional-tillage options. With available herbicides for no-till, corn is easily planted into wheat stubble, grain sorghum into sunflower stubble, and wheat into sorghum stubble.

If the winter annual grasses, for example, downy brome, jointed goatgrass, or rye, are a problem in winter wheat fields, sunflowers in the rotation provide the producer with additional opportunities to exercise control. The control may be provided by nonselective herbicides such as glyphosate or additional tillage before planting. Volunteer sunflowers and other broadleaf weeds that can be difficult to control in sunflowers are easily controlled in the subsequent small grain crop or summer fallow.

Sunflowers are susceptible to atrazine (Aatrex) and sulfonylurea (Ally, Amber, Finesse, Peak) herbicide residues in the soil. Oats, wheat, proso, barley, and soybeans all exhibit greater tolerance to these herbicides than sunflowers. Therefore, sunflowers should not be planted where chemical carryover may be a problem. Rotation restrictions for sunflowers with some sulfonylurea herbicides may be as long 36 months.

Sunflower diseases and insect and weed pests also are minimized through the use of proper crop rotation. Sclerotinia stalk and head rot (white mold), Verticillium wilt, Phoma, and premature ripening are the primary diseases resulting from a failure to rotate crops. Rotations of 4-year spacings between sunflower crops, two of which must be cereals, are recommended to help prevent and control these diseases. Sunflowers are also a host for diseases found in other crops. Verticillium wilt is found in potatoes, safflowers, and sunflowers. White mold is a disease found in dry edible beans, flax, rapeseed, soybeans, mustard, sugarbeets, and sunflowers. No more than one of these crops should be grown in the same rotation cycle in fields infested with these diseases. (Refer to the Diseases section in this publication for a more thorough discussion.)

Crop rotations help reduce populations of insects such as the stem weevils that overwinter in the soil or in sunflower residue. Insects that migrate into an area from other geographic regions, such as the sunflower moth, or from fields planted to sunflowers the previous year that are in close proximity to current season fields, are not effectively controlled by crop rotation. If possible, avoid planting sunflowers next to a sunflower field from the previous year since most overwintering sunflower insects can easily migrate to adjoining fields. Rotation intervals recommended above for disease prevention should minimize the potential for insect populations. (This is discussed in the Insect Pest Identification and Control section of this publication.)

Suggested sunflower rotations for the High Plains include:
- winter wheat-sunflower-proso-fallow
- winter wheat-corn-sunflower-fallow
- winter wheat-corn-sunflower-grain sorghum-fallow
- winter wheat-sunflower-fallow-winter wheat-proso-fallow

Residue Management

Standing sunflower residue is effective at reducing wind speeds at the soil surface, reducing soil erosion potential, and in capturing windblown snow. However, sunflower residue is fragile and decomposes rapidly after tillage. Research conducted for 3 years by the University of Nebraska at Sidney, Neb., found sunflower residue to decline during summer fallow from 3,900 pounds per acre and 39 percent ground cover after harvest to just 510 pounds per acre and 4 percent ground cover after winter wheat planting (Table 27). Tillage operations included a late May sweep tillage operation followed by a late June chisel operation with 9-inch sweeps and two operations with a rodweeder.

Research conducted at the USDA-ARS, Central Great Plains Research Station, Akron, Colo., indicated an advantage in surface residue amounts when sunflowers are managed with no-till. Two experimental sites, each with a different stalk harvest height of 18 or 25 inches, were used to study the disappearance of sunflower residues under no-till and reduced-till fallow. Weeds were controlled using a sweep-plow (32-inch V-blade) in the tilled plots. Glyphosate (Roundup) was used to control weeds in no-till plots. In no-till, the taller-stalk-harvest height (25 inch) lost 75 percent of the initial number of standing stalks by that fall. Whereas with shorter stalks (18 inch), only 27 percent of the initial amount was lost. In the second year of the study, better durability of shorter stalks was again observed, but the advantage of the shorter stalk height in maintaining standing stubble was not as great. By wheat planting time, both the tall and

Table 27. Sunflower residue weights and ground cover at five sampling times between sunflower harvest and winter wheat seeding the following year at Sidney, Neb. from 1993 through 1995.

<table>
<thead>
<tr>
<th>Sampling time</th>
<th>Residue weight</th>
<th>Ground cover</th>
</tr>
</thead>
<tbody>
<tr>
<td>After harvest</td>
<td>3,900 lbs/acre</td>
<td>39%</td>
</tr>
<tr>
<td>Early spring</td>
<td>3,020 lbs/acre</td>
<td>26%</td>
</tr>
<tr>
<td>Late spring</td>
<td>1,290 lbs/acre</td>
<td>11%</td>
</tr>
<tr>
<td>Summer</td>
<td>1,160 lbs/acre</td>
<td>9%</td>
</tr>
<tr>
<td>Wheat seeding</td>
<td>510 lbs/acre</td>
<td>4%</td>
</tr>
</tbody>
</table>

1 After harvest = fall within 2 weeks after mechanical harvest; early spring = within 2 weeks of winter wheat green-up and prior to first tillage operation; Late spring = within 2 weeks after sweep tillage operation; Summer = prior to the first rodweeding operation; and Wheat seeding = within 2 weeks after planting winter wheat.
the short stalks had less than 50 percent of the initial stalk amount still standing. By late September, only 11 percent of the taller stalks were standing with nearly 43 percent of the shorter still standing that year. Part of the reason for the increased loss with taller stalks is mechanical damage from spray booms and tractor axles, which do not always clear the taller stalks. Also, a taller stalk has greater surface area exposed to the wind, hence greater force is available to blow it down.

No-till resulted in 1,700 pounds per acre of residue on the soil surface at wheat planting time (mid September) and maintained 29 percent residue cover during the summer fallow season (Table 28). Sweep-plow managed summer fallow contained only 980 pounds per acre of surface residue at wheat planting time and only 15 percent residue cover.

Over two seasons at Colby, Kan., an average of 30 percent of sunflower residue was lost by spring. With two sweep tillage operations during the summer, 80 percent of the original crop residue had been lost by wheat seeding time. With no-till, initial wheat and sunflower crop residue amounts at sunflower harvest were increased by approximately 30 percent and, at wheat seeding, three times as much crop residue remained compared to conventional tillage.

Residue management can begin as early as selecting the summer crop and row spacing for an intensified rotation. Average crop residue amounts after harvest over a 3-year period for 30-inch rows and conventional tillage at Colby, Kan., were 5,812 pounds per acre for corn, 5,350 pounds per acre for grain sorghum and 3,823 pounds per acre for sunflowers. For the first 2 years of the study, when 30-inch rows were compared to 15-inch rows, the narrower row spacing increased corn residue amounts by 933 pounds per acre, grain sorghum by 250 pounds per acre, and sunflowers by 621 pounds per acre. In another study under conventional tillage, 15-inch rows increased sunflower crop residue only an average of 240 pounds per acre over a 4-year period and increased oilseed yield an average of 327 pounds per acre.

Other practical solutions to incorporating sunflowers into High Plains cropping systems while minimizing the risk of soil erosion include strip cropping or following sunflowers with a shallow-rooted summer crop such as proso millet.

<table>
<thead>
<tr>
<th>Fallow system</th>
<th>Initially at sunflower harvest</th>
<th>A year later at wheat planting time</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Residue weight</td>
<td>Ground cover</td>
</tr>
<tr>
<td>Sweep-till</td>
<td>2,730</td>
<td>46</td>
</tr>
<tr>
<td>No-till</td>
<td>2,440</td>
<td>45</td>
</tr>
</tbody>
</table>

Table 28. Sunflower residue cover and residue mass at sunflower harvest and approximately one year later at wheat planting time. Average values for a two year study at Akron, Colo.
Insect Pest Identification and Control Photos
(see pages 18 through 20 for descriptions)

Photo 22. Darksided cutworm.

Photo 23. Wireworm.

Photo 24. Painted lady butterfly.

Photo 25. Painted lady larva.

Photo 26. Sunflower beetles.

Photo 27. Sunflower beetle larva.

Photo 28. Adult sunflower beetles defoliating a seedling sunflower.

Photo 29. Palestiped flea beetle.

Photo 30. Palestiped flea beetles damage on a seedling.

Photo 31. Adult sunflower moths.
Insect Pest Identification and Control Photos (Continued)
(see pages 20 through 23 for descriptions)

Photo 32. Sunflower moth larva.

Photo 33. Banded sunflower moth.

Photo 34. Banded sunflower moth larva.

Photo 35. Adult red sunflower seed weevil.

Photo 36. Adult gray sunflower seed weevil.

Photo 37. Red sunflower seed weevil larva.

Photo 38. Adult sunflower bud moth.

Photo 39. Sunflower bud moth larva.

Photo 40. Headclipping weevil.

Photo 41. Sunflower headclipped by headclipping weevil.
Insect Pest Identification and Control Photos (Continued)
(see pages 23 through 24 for descriptions)

Photo 42. Adult sunflower receptacle maggot.

Photo 43. Sunflower receptacle maggot larva.

Photo 44. Adult sunflower stem weevil.

Photo 45. Sunflower stem weevil larva.

Photo 46. Overwintering galleries of sunflower stem weevil larva.

Photo 47. Dectes longhorned borer.

Photo 48. Dectes longhorned borer larva.

Photo 49. Overwintering chamber of Dectes longhorned borer.

Photo 50. Ataxia longhorned borer.

Photo 51. Ataxia longhorned borer larva.
Insect Pest Identification and Control Photos (Continued)
(see pages 24 through 25 for descriptions)

Photo 52. Sunflower root moth larva.

Photo 53. Sunflower root weevil.

Disease Photos
(see pages 32 through 33 for descriptions)

Photo 54. Downy mildew.

Photo 55. Downy mildew.

Photo 56. Downy mildew.

Photo 57. Verticillium wilt leaf symptoms.

Photo 58. Verticillium wilt stem symptoms.

Photo 59. Phoma black stem.
Disease Photos (Continued)
(see page 33 for descriptions)

Photo 60. Phomopsis stem canker.

Photo 61. Charcoal rot.

Photo 62. Reproductive structures of charcoal rot.

Photo 63. Alternaria.

Photo 64. Alternaria.

Photo 65. Alternaria.

Photo 66. Red rust.

Photo 67. White rust.
Disease Photos (Continued)  
(see pages 33 through 34 for descriptions)

Photo 68. White rust.

Photo 69. White mold.

Photo 70. White mold.

Photo 71. White mold.

Photo 72. White mold.

Photo 73. Rhizopus head rot.

Photo 74. Rhizopus head rot.

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The authors would like to acknowledge the generous support of Kansas Sunflower Commission, National Sunflower Association - High Plains Committee, and Colorado Sunflower Administrative Committee (CSAC).

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

MF-2384        April 2009

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