

# Quiz Bowl Questions

1. What do the four H's stand for?

- A.) Happy, Hustle, Help, Head
- B) Health, Heart, Hustle, Happy
- C) Hands, Horses, Happiness, Hearts
- D) Head, Heart, Hands and Health

2. What symbol represents 4-H?

- A) A green circle with the word 4-H
- B) A green shamrock
- C) A green 4 leaf clover with an H in each leaf
- D) A green triangle with the words To make the best, better

3) Which 4-H club officer introduces a special guest at your 4-H club meeting?

- A) The president
- B) The club leader
- C) The vice-president
- D) The person they are sitting next to at the meeting

4) When does the 4-H year begin?

- A) January 1st
- B) The first day of fair
- C) October 1
- D) July 4

5) What are the 4-H colors?

- A) Purple and green
- B) Blue and gold
- C) Red, White and Blue
- D) Green and White

6. When the president taps the gavel twice what does it mean?

- A) It is time to start the meeting, the gavel is tapped to get everyone's attention
- B) The president is calling the meeting to order
- C) The president is adjourning the meeting
- D) The president is letting member know it is 2 o'clock

7. Where is 4-H camp held?

- A) At Jackson Park
- B) At Rock Springs Ranch
- C) At the County Fair
- D) On the K-State campus

8. Say the 4-H pledge.

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living for my club, my community, my country and world.

9. When it is your turn to answer roll call, what should you do?

- A) Sit in your seat and shout here
- B) Stand and answer the roll call question so other members get to know you
- C) Sit in your chair and answer the question
- D) Walk to the front of the room so other members know you are attending the meeting

10. What should 4-H members do when the club president taps the gavel 3 times?

- A) Sit down and listen, it is time for the guest speaker to talk.
- B) Stand in unison as a club. Example When It is time for the club to recite the pledges
- C) Answer roll call
- D) Get up and leave, the meeting is adjourned.

11. Name four 4-H projects that begin with the letter P

Photography, Performing Arts, Public Speaking, Pets. Power of Wind, Patchwork/Quilting, Photography, Plant Science

12. Which statement is the 4-H motto?

- A) Head, Heart, Hands, health
- B) Learn By Doing
- C) Winning is the Best, it means I am better than the Rest
- D) To Make the Best, Better

13. What is a 4-H fair exhibit?

- A) Something you make and take to the fair to be judged
- B) A school project that is shown at the fair
- C) A 4-H exhibit is something that 4-H'ers make/ do and show at the fair to demonstrate what they have learned in their 4-H project.
- D) An item that the judges gives a ribbon and earns you a premium money

18. What is the 4-H slogan?

- A) Learn by Doing
- B) Work Hard, Be Responsible
- C) To Make The Best, Better
- D) Be Kind To All

19. Why do 4-Hers keep project records?

- A) To learn record keeping skills
- B) Helps members reflect on their project goals, accomplishments and future plans/ Completes their 4-H project year
- C) Allows them to receive scholarships, awards and helps with college/tech school acceptance and future careers
- D) All of the above

20. What is the best way to encourage other kids to join 4-H?

- A) Share about your 4-H fun during the year and ask your friends to come to 4-H activities
- B) Put up a poster at the library
- C) Talk on the radio
- D) Have your club buy a Facebook ad

21. Name one type of 4-H talk/presentation

- A) FYI ( For Your Information)
- B) Demonstration
- C) Project Talk
- D) Illustrated Talk
- E) Public Speech

22. Do you need to be enrolled to the 4-H citizenship project to do community service? No, 4-Hers pledge their hands to service to their club, community, country and world. 4-Hers are expected to do community service related to each 4-H project and as club members.

23. What is 48 hours of 4-H?

- A) 4 days at county fair
- B) A time each year in October that Kansas 4-H Clubs plan and do a community service project in their community.
- C) Time needed to do your 4-H record
- D) The time it takes to 4-H exhibits ready

14. Be the first to stand up as a group of 3 4-Hers and sing the first line of your favorite camp song.

- Way down yonder, not far off a blue jay died of a whooping cough
- Bananas unite unite bananas Bananas unite! (All put hands together above head.) Bananas split! (Part hands, keeping above head.) Peel bananas, peel, peel bananas. (Move right arm down to side.)
- Eht went the little green frog one day
- When I was a wee we tot, they took from my wee wee cot and put on my wee wee pot
- I say a boom chick-a-boom (all repeat) I say a boom chick-a-boom (all repeat) I say a boom, chick-a-rocka, chick-a-rocka, chick-aboom (repeat) Uh-huh (repeat) Oh yeah (repeat) One more time (repeat)
- Alice the camel has five humps (repeat 2 times) So, go, Alice, go! Boom, boom, boom!
- The Bear Song The other day (everyone echoes every line) I met a bear Out in the woods Away out there He looked at me I looked at him He sized up me I sized up him
- My mamma gave me a penny <https://www.youtube.com/watch?v=uHtvDerUPs8>  
<https://www.youtube.com/watch?v=hTpizUY4iSc> ( Bubble gum song)

<https://www.youtube.com/watch?v=89FWItYv9Mk>

<https://www.youtube.com/watch?v=lidyLtTBx2I>

15. What 4-H officer make club meeting fun and leads the games at club meetings?

- A) Vice-president
- B) Recreation leader
- C) Project leader
- D) Reporter

16. Name the 5 steps to making a motion.

- A) Officers meet, decide on club activities to do, make plans, invite members, present the bill to the treasurer
- B) Be recognized by the president, present the motion, motion is seconded by another member, motion is discussed, a vote is taken on the motion.
- C) A committee meets, presents their idea to the club, secretary asks member to raise their hands if they like the idea, if members don't like the idea they stand up, president bangs the gavel and says the motion passed
- D) Be recognized by the president, share your idea, members vote, president says motion passed, secretary write it down

17. Name one type of 4-H judging contest.

Does a member have to be enrolled in a project to participate in the contest? **No**

- A) Livestock judging
- B) Consumer Judging
- C) Horticulture/Crop Judging
- D) Photography Judging

17. This 4-H project teaches kids how to run a business.

- A) Exploring 4-H
- B) Entrepreneurship
- C) Robotics
- D) Financial Champions

24. What the name given to a small group of 4-H members who are appointed by the president to work together to make plans for an activity for their club or finalize the details of a motion?

- A) Volunteers
- B) [A Committee](#)
- C) Club planners
- D) Leaders

25. What is the name given to the county-wide event that celebrates 4-Hers accomplishments?

- A) [Achievement Celebration](#)
- B) Club appreciation supper
- C) County 4-H Day
- D) State Fair

26. Name 3 things you might find in our club program book?

[Names and contact information of members, dates/times/location for monthly meetings, Roll call topics for each month, names of project leaders, special club activities, club officers, committee assignments, who is bring refreshments to the meeting, club goals, information about how to contact the Extension office/website](#)

Bonus Question: At the end of the 4-H year, 4-Hers turn in their 4-H Member Achievement Plan Pin Applications. These plan serve as a way for members to measure their 4-H growth over their 4-H career. Name one of the 10 levels of achievement each 4-Her can receive.

1 - [Membership Pin](#)

2 - [Bronze Pin](#)

3 - [Clover Pin](#)

4 - [Emerald Pin](#)

5 - [Silver Pin](#)

6 - [Silver Guard Pin](#)

7 - [Leadership Pin](#)

8 - [Gold Pin](#)

9 - [Gold Guard Pin](#)

10- [Key Award](#)

**Who are the leaders of the Meadowlark 4-H Club? [Jacob](#) [Ashley](#)**

County Extension Agents guide 4-H members, 4-H volunteers and provide education. Atchison County has 2 extension agents. What are their names?

[Ray Ladd](#) [Diane Nielson](#)

More quiz bowl questions

Q -What do the four Hs stand for?

Head/Heart / Hands / Health

Q- During the 4H year, a member should be keeping \_\_\_\_\_ what \_\_\_\_\_ throughout the year?

Records

Q – When does the new 4-H year begin? October 1

Q- What is a female pig called? A gilt or a sow

Q- In Fashion Revue, name one of the forms for fair entry? Description or cost per wear

Q- In woodworking, what is the name of the directions used to make the project? Plans

Q- The 3 main parts of a good talk/presentation are what? Introduction/Body/ Summary

Q- in sewing or woodworking, the name of the tool to measure..... \_\_\_\_\_? Tape measure

Q- name 2 breeds of swine? Duroc, Yorkshire, Hampshire, Spots, Poland China, Landrace

Q- what is the primary breed of meat goats? Boar

Q- What is a ruminant? An animal that eats grass or forage and has a complex stomach/digestive system

Q – Name two (2) beef carcass cuts.... Chuck, rib, loin, rump, round, flank

Q - In foods, what is the directions called? Recipe

Q –What is the 4-H motto? To Make the Best Better

Q – How soon should cold foods be put into the refrigerator when you get home from shopping? w/in 3 hrs, 6hrs, immediately

Q - what is the best thing about attending 4-H camp? Multiple reasons

Q- when 4-Hers help others or do something for others ..... it is called ....? Community service /service leadership

Q – name 3 foods we get from milk? Milk, cottage cheese, ice cream, yogurt, cheese

Q- what are the ribbon colors in 4-H? white, red, blue, purple